Name of the Activity: Blood Donation Camp Collaborating Agency: Indian Medical Association, Erode, and Vivekanandha Blood Donors Club, Erode

Date: 01.07.2015

Number of Students: 75

Blood Donation Camp was conducted on "Doctors Day" in association with Indian Medical Association, Erode, and Vivekanandha Blood Donors Club, Erode. Nearly 75 Units of blood were donated by the staff members and students. The NSS Unit received the "Best Blood Donation Award" from the District Collector of Erode.



Name of the Activity: Blood Group Identification Camp

Date: 06.08.2015

Number of Students: 65

As a part of unfeigned service to the society, the club conducted a blood grouping camp for 65 students of Koorapalayam Middle School on 06.08.2015.



Name of the Activity: Free Eye Camp Collaborator: Vasan Eye Care Hospital, Erode Date: 10.08.2015 Number of Students: 130

In a joint venture with Vasan Eye Care Hospital, Erode, The Bio Health Club organized a free Eye Camp. The activity turned to be a beneficial one for 130 students and staff members.



Name of the Activity: Consumer Rights Awareness Programme Date: 12.08.2015 Number of Students: 25

With an yen to create awareness on Consumer Rights, pamphlets were distributed at Vilarasampatti, Erode. Dr. P. Ayappan, Joint Secretary, Erode District Consumer Protection Centre, Erode, inaugurated the session and distributed the pamphlets. The programme saw an active participation from the students.



Name of the Activity: Anti-Plastic Campaign Collaborator: OlirumErodu Foundation Date: 15.08.2015 Number of Students: 150

To generate awareness towards plastic free environment, Anti-Plastic Campaign was organized jointly with OlirumErodu Foundation. The Enviro club members distributed dustbins and bags to collect the plastic wastes separately at Thirunagar Colony, R.K.V Nagar, New State Bank Colony, Old State Bank Colony and O.M.R. Colony in Erode.



Name of the Activity: Independence Day Celebration

Date: 15.08.2015

Number of Students: 50

In vision of the Independence Day Celebrations, the YRC volunteers visited Venkateswara Welfare Society, a home for orphanage children at Therkkupallam, Erode.The volunteers donated stationary items, cookery items, dates, and chocolates. A sizeable quantity of rice was donated. They put an admirable show by giving motivational speech, playing games and singing songs, and thereby created an atmosphere of boundless joy for the children.





Name of the Activity: Cleanliness Campaign Collaborator :Swachh Bharat Mission& NSS Unit, VCW, Erode Date: 25.09.2015 to 11.10.2015 Number of Students: 75

In the Nation wide Intensive – cleanliness campaign under Swachh Bharat Mission, the NSS units of Vellalar College for Women, Erode, actively involved in cleaning various places like temples, parks etc that are frequented by the people.



Name of the Activity: Visit to Old Age Home Date: 04.12.2015 Number of Students: 30

The NCC Cadets visited the Suppayammal Old age home run by Suppayammal Trust located in Pungampaddi village near Mettukadai, Erode. The 20 senior citizens' need was fulfilled to some extent. 300 Kg of rice was donated. They were kept engaged in an enthusiastic way by making them involve in casual conversation.





Name of the Activity: Cervical and Breast Cancer Screening Camp Collaborator : Sri Ramakrishna Hospital, Coimbatore Date: 09.12.2015 Number of Students: 60

To take forward the message of early detection of cancer, Breast Cancer Day was observed. Illustrative posters on the causes and preventive measures of breast cancer were exhibited in and around the campus. Under Deepam Project for married women, on 09.12.2015, which is observed as Cervical Cancer Day, a free cervical cancer screening Camp was organized along with Sri Ramakrishna Hospital, Coimbatore.



Name of the Activity: Road Safety Campaign Date: 05.01.2016 to 12.01.2016 Number of Students: 25

- On 05.01.2016, pamphlets were issued to the drivers at Sengodampalayam, Erode regarding ruled and regulations to be followed while driving.
- On 09.01.2016, an awareness campaign on Road Safety was conducted and the college bus drivers took oath for safe driving
- On 12.01.2016, our CCC students fixed black stickers on the headlights of vehicles that plied by Thindal Road.







Name of the Activity: Dental Screening and Treatment Camp Collaborator :NCC Unit, VCW, Erode Date: 06.01.2016 Number of Students: 50

A dental screening and treatment camp was organized in the premises of the college in which a team of 11 students accompanied Dr.S.Shankar, Associate Professor & Head, Department of Public Health Dentistry, JKKN Dental College & Hospital and Dr.M.Ganesh Kumar. Mr.K.Kamaraj was the camp officer for organizing this programme. The basic lecture and steps to be followed to prevent cavities was given by Dr.S.Shankar. The cadets underwent different types of checkup like Restoration, Orthodentics, Oral Prophylaris, Extraction, and Replacement of teeth. The treatments were given at free of cost, and also general counselling regarding dental enquires given. A video was screened to give a clear idea about how to brush their teeth. The cadets were provided with the dental card to use in future for free treatment. The programme created an awareness about the oral hygiene. Through this programme 50 NCC cadets and 100 students of the college got benefitted.



Name of the Activity: Republic Day Celebrations Collaborator : Youth Red Cross Society, VCW, Erode Date: 26.01.2016 Number of Students: 50

The 66<sup>th</sup> Republic Day was celebrated by our Youth Red Cross volunteers in Thyagi Eswaramoorthy Old Age Home at Pavalathampalayam, Erode. The YRC volunteers distributed sweets, biscuits, towel, soap, shampoo, tooth powder, and donated wheat and channa. The volunteers interacted with the senior citizens and entertained them with activities like singing, playing and acting.





Name of the Activity: First Aid Training Programme Date: 29.01.2016 Number of Students: 210

In the One Day First Aid Training Programme, K.Mohamed Qifayathullah B.E (Fire), General Manager, Qifayath Enterprises, Salem, delivered a special address on "First Aid Training" and demonstrated the various aspects of First Aid to the students. 200 students participated in this training programme and got benefited.





Name of the Activity: Tree Plantation Programme Date: 30.01.2016 Number of Students: 40

In order to prevent soil erosion along the river basin of Nattadreeswarar temple, Erode, Tree plantation programme was organized. The students planted a variety of tree saplings on the temple premises.



Name of the Activity: Natural Purification of Water Date: 08.02.2016 Number of Students: 30

Now a days drinking water is contaminated due to various reasons. The students of Citizen Consumer Club created awareness on "How to purify the water naturally" and the pamphlets relating to it were distributed among the people of Pavalathampalayam Village. They also insisted the villagers to follow the process so that they can be prevented from the impact of water borne diseases.



Name of the Activity: Clean India Campaign Date: 24.02.2016 Number of Students: 50

The Citizen Consumer Club organized "Clean India Campaign" at various temples such as Sai Baba Temple & SithiVinayagar Temple at Railway Colony and Kondathu Bhathrakaliamman Temple and Hanuman Temple at Fire Service, Erode. The students not only donated dust bins and brooms but also cleaned the temple premises to set an example to the public..



Name of the Activity: International Day against Drug Abuse Collaborator :Citizen Consumer Club, VCW, Erode Date: 24.06.2016 Number of Students: 50

"International Day against Drug Abuse" was observed, and awareness was generated by projecting the demerits of using drugs. The students recorded their views on placards and held it high to be read by the students and people in Thindal, Erode.





Name of the Activity: VanaUtchavaVizha

Date: 14.07.2016

Number of Students: 29

With the motive of increasing the green cover, *VanaUtchavaVizha* was conducted in Villarasampatti. Mrs. M. Saraswathi, Councilor of Villarasampatti was the chief guest. Nearly 29 volunteers participated and planted more than 30 saplings.





Name of the Activity: Rally on Stop Crime against Women Collaborator: Sengunthar Boys Higher Secondary School, Erode Date: 20.07.2016 Number of Students: 50

The cadets of NCC held placards with slogans like "Women's Freedom – India's Freedom", "Be Aware and Take care", "Provide Safety and Protection to Women", "Respect the Women", etc., against the outrageous activities targeted on women in the society. Fifty cadets of Vellalar College for Women, Erode, and Fifty cadets of Sengunthar Boys Higher Secondary School, Erode, took part in this rally. The NCC first officer Mr. Senthil involved in the rally. The cadets were escorted by the Officers of Tamil Nadu Police Department of Government, and the media persons also covered the programme.





Name of the Activity: Clean India Programme Date: 12.08.2016 Number of Students: 50

The cadets reached the slum area of Therkkupallam through the Chennimalai Road of Erode District. From there, they started their mission of cleaning. Two cadets gave an introduction and spoke about the importance of this mission. Awareness was created among the people to reduce the waste, reuse and to recycle them. They collected nearly 70 kgs of wastes from Therkkupallam slum and also on the way to Therkkupallam. All the collected wastes like plastics, polythene bags and covers etc., were sent for recycling.





Name of the Activity: Awareness Programme on Goods and Taxes

Date: 16.08.2016

Number of Students: 45

Awareness on "Goods and Services Tax" was created by the Citizen Consumer Club members by issuing informative notes and pamphlets regarding "GST" to the students, staff and public in Thindal.



Name of the Activity: Clean the Campus Programme Date: 17.08.2016 & 18.08.2016 Number of Students: 200

The NSS Volunteers cleaned the campus of Vellalar Institutions on 17.08.2016 & 18.08.2016. They were divided into groups, and cleaned their classrooms, libraries, laboratories, auditorium and playground.



Name of the Activity: Canal Cleaning Work Collaborator : JCI Erode Date: 19.08.2016 Number of Students: 40

The Department of Commerce with Computer Applications and JCI, Erode, organized Canal Restoring Programme near Palayapalayam, Erode. The Chief guests JCI Sen. SPB.Murugaraj., J.C.N.J Sri Arul Kumaran and Principal Dr. D. Kamalaveni participated in this event. 66 students of M.Com(CA) participated and contributed their part in restoring the canal.



Name of the Activity: Tree Plantation and Cleaning Camp Date: 20.08.2016 Number of Students: 30

Enviro-club of Vellalar College for Women organized a tree plantation and cleaning programme at Magudeeswarar Temple, Kodumudi. The volunteers of the Enviro-club collected around 50 saplings in and around Erode District and planted the saplings in Magudeeswarar Temple, Kodumudi. The team also cleaned the temple premises to set a valid example to the people.



Name of the Activity: International Coastal Cleanup Day Programme Collaborator : Marine Sciences, Annamalai University Date: 17.09.2016 Number of Students: 30

Enviro-club of Vellalar College for Women and Faculty of Marine Sciences, Annamalai University jointly organized International Coastal Cleanup Day Programme at Centre of Advanced Study in Marine Biology, Annamalai University, Parangipettai, Chidambaram. The resource persons were Professor K.Kathiresan, Dean & Director, Faculty of Marine Sciences, Centre of Advanced study in Marine Biology, Annamalai University, Parangipettai,

Dr.Deiveegan, NSS Programme Officer, Engineering Department, Annamalai University, Chidambaram, T.S. Vishwanathan, Rotary Club, Cuddalore, Dr. S. Sharmila, Assistant Professor, PG and Research Department of Botany, Vellalar College for Women, Erode, and Dr. P. Anantharaman, Associate Professor, Marine Biology Department, Annamalai University, Parangipettai. They spoke on Environmental issues, protection measures, disaster management and regarding the importance of mangrove forest in coastal areas. The cleaning activities were carried out at Annan Kovil Coast, the coastal area near Parangipettai. The student volunteers cleaned the coastal regions and disposed the collected wastes.



Name of the Activity: Awareness Programme - Be Indian and Buy Indian Products Date: 03.02.2017

Number of Students: 25

The Department of Corporate Secretaryship in union with the Citizen Consumer Club organized an awareness programme in Thindal, Erode, to inculcate pride in being an Indian, and they issued pamphlets highlighting the significance of buying Indian products.



Name of the Activity: Service Rendered to Bank Customers

Date: 04.02.2017

Number of Students: 15

The members of Citizen Consumer Club rendered banking services to the customers of State Bank of India, City Union Bank and Bank of Baroda.



Name of the Activity: Awareness Programme on Avoiding Junk Food Date: 16.02.2017 Number of Students: 34

To create healthy food habits and to strengthen the future generation, a programme on the importance of avoiding junk food was organized by the Citizen Consumer Club. In connection with it, 'Skit' was performed at Government High School, Thindal, Erode.



Name of the Activity: Blood Donation Camp Date: 17.02.2017 Number of Students: 64

In commemoration of the Founders Day of Vellalar Educational Trust, a Blood Donation Camp was organized. The YRC volunteers and the members of teaching and non-teaching staff donated 64 units of blood to the Government Hospital, Erode.





Name of the Activity: Health Awareness Programme Date: 03.03.2017 Number of Students: 60

To create health awareness among the tribal people, YRC arranged Cancer and Health Awareness Programme in Coimbatore region. The YRC volunteers distributed the pamphlets emphasizing the eradication of cancer and need for blood donation to the public.





Name of the Activity: World Water Day Celebration Date: 22.03.2017 Number of Students: 15

The NCC cadets organized a mini rally to create awareness among people about the conservation of water. The rally was from Thindal to Mettukadai, Erode. They generated awareness on various kinds of pollution and the green house gases like  $CO_2$ ,  $NO_2$ , etc., which resulted in the lack of rainfall. In order to overcome these problems, our government and many other Non-Governmental Organizations are insisting the public not to cut the trees, but to plant the same to enrich the ground water level. This valuable message was spread among the public.



Name of the Activity : Dengue Awareness Programmme Collaborator : NSS Unit, VCW, ErodeDate:13.07.2017 to 17.07.2017 Number of Students : 30

Dengue Awareness Programmme was organized from 13.07.2017 to 17.07.2017. Nilavembu Kashayam was distributed to nearly 3000 students.





Name of the Activity: NSS Special Camp in the Adopted villages

Date: 08.08.2017 to 14.08.2017

Number of Students : 50

A Special camp was organized at various villages like Ponnampalayam, Vathiyarkaatuvalasu, Keeramadai and Kalyanipuram. Many welfare activities that benefit the villagers like medical camp, tree plantation and cleanliness drive were carried out. Cultural events, and debate on enlightening topics were conducted.





Name of the Activity : National Deworming dayDate: 09.08.2017 Number of Students : 25

In connection with National Deworming day, the students of the Department of Corporate Secretaryship issued Deworming tablets to the general public at Thindal, Erode. In addition to that they highlighted the significance of nurturing healthy body to lead a fit life.





Name of the Activity : Independence Day Celebration Date: 15.08.2017 Number of Students :54

To celebrate Independence Day in a more zealous way, the YRC volunteers visited Kongu Arivalayam Rehabilitation Centre for Mentally Retarded Children, Sakthi Nagar, Thindal, Erode. The YRC volunteers distributed stationary things, cookery items, dates, chocolates and rice bags. They interacted with the children, and made them involve in simple games.





Name of the Activity : Training Program on "Seed ball Preparation from different kinds of Seeds"

Collaborator : Enviro Club, VCW, Erode

Date:26.08.2017

Number of Students : 25

The Enviro Club organized a Training Program on "Seed Ball preparation from Different kinds of Seeds". The seed balls preparation is a great <u>permaculture</u> technique for growing seeds in a more simple and effective way. Each seed ball contains a mini ecosystem and the dried outer clay acts as a protective casing from common seed predators. In order to emphasize the importance of growing plants, the Enviro club co-ordinators gave training to nearly 200 volunteers. They prepared seed balls using the methodology of natural farming with the materials like fresh cowdung, clay soil, red soil and many seeds like neem seeds, tamarind seeds, pomegranate seeds etc.,. Further, this training will enable the students to grow plants by investing less time and money than traditional seed sowing techniques.



Name of the Activity : Awareness Campaign on Save Water Save Earth Date: 06.09.2017 Number of Students: 25

The Department of Corporate Secretaryship and Citizen Consumer Club members conducted an awareness campaign on saving water for making the earth a fertile place to live on. In Chittode, Erode, Pamphlets were distributed to invoke wakefulness on the necessity to save water.





Name of the Activity : Blood Donation Camp

Date: 14.09.2017 Number of Students : 84

A Blood Donation Camp was organized on 14.09.2017. The YRC volunteers and the members of teaching and non-teaching staff donated 84 units of blood to the Government Hospital, Erode.





Name of the Activity : Cleaning of Statues Date: 23.09.2017 Number of Students: 51

To accelerate the efforts in achieving the universal sanitation coverage, the Prime Minister of India launched the Swatchh Bharat mission on 2nd october 2014. In connection with the 150th birth anniversary of Mahatma Gandhi, permission was got from Mr. Seeni Ajmalkhan, Commissioner, Erode District Corporation to clean the statues. The cadets started their work at Karungalpalayam, Erode, and cleaned areas surrounding the statue. The statue of Mahatma Gandhi was cleaned with utmost care. The Assistant commissioner Mr. Ashok Kumar was present during the leaning programme.





Name of the Activity: Cleanliness is Service Date: 25.09.2017 Number of Students : 30

In the observance of "Cleanliness is Service", the NSS Volunteers cleaned the Railway Station, Erode and Thindal Government Hospital. They cleaned the roadsides and removed the plastics and solid wastages.



Name of the Activity : Clean India Campaign Date: 26.09.2017 Number of Students : 30

The NCC Cadets under took clean India Programme at Sangameshwarar Temple in Bhavani, Erode, as this temple was completely affected due to the celebration of Pushkara festival. The temple is located on the banks of river Kaveri, the river basin was completely dumped with plastics and left out dresses. It was totally in nasty and unhygienic condition. The cadets cleaned not only the river basin but also the surrounding areas like parking, pathway, garden, etc. To maintain hygiene, they were given gloves and mask.



Name of the Activity : Cleaning Program & Seed Ball SowingDate: 16.12.2017 Number of Students : 50

A technique of planting trees by embedding organic seed balls in the ground, seed bombing is gaining popularity in many Indian cities. The volunteers of the Enviro Club conducted the cleaning and seed ball sowing at Ganapathipalayam, Erode, in order to create awareness on afforestation.



Name of the Activity: Visit to N. L. Karunai Illam - Old Age Home Date: 24.01.2018

Number of Students: 55

NCC cadets of the Vellalar College for Women went to the old age home N.L.Karunaiillam at K.K.Nagar, Rangampalayam. There were totally 85 old people taken care in the old age home. A sum of Rs. 3,000 was donated. Night wear and dhoties were given to them. The cadets spent time with the old people and listened with intent their experiences with much love and care.



Name of the Activity : Cancer and Health Awareness ProgrammeDate: 23.02.2018 Number of Students :40

To create health awareness among the people in Karapadi, Coimbatore, the YRC volunteers distributed the pamphlets emphasizing the eradication of cancer and need for blood donation.



Name of the Activity : Organic Farming and Organic Manure

Preparation Collaborator :Uyir-Association of Farmers of Organic

Farming

Date: 22.03.2018

Number of Students : 36

In the training session, the members of 'Uyir-Association of Farmers of Organic Farming' trained the students and farmers on preparation of various organic manures. Mr.Kadirvel demonstrated the preparation of *peejamirtham*. Mr. Senthil demonstrated the preparation of *Moodakku* and *Pazha*. Mr.Velusamy explained how to prepare the soil for organic farming and also explained the preparation of *kanajeevamirtham*. The preparation of *jeevamirtham*, *Panchakavyam* and *Morekkaraisal* were demonstrated by Mr. Eswaran. Further the preparation of *Meenamilam*, *MoongilEm*, *PathuElaikasayam*, 3G, Aloevera-*Pirandai Kasayam*, *AgginiAsthiram* were also demonstrated. The procedure for application of micronutrients was also demonstrated. 70 farmers from in and around Moolapalayam, 4 faculty and 36 students of Department of Chemistry, Vellalar College for Women attended the programme and got benefitted. This programme proved to be an eye opener for the farmers on the importance of organic farming, and how to avoid inorganic fertilizers and insecticides that leads to severe health and environmental issues.





Name of the Activity: NSS Special Camp Date: 07.08.2018 – 14.08.2018 Number of Students: 200

The NSS special camp was conducted in the villages namely Kalyanipuram, Keeramadai, Vathyarkatuvalasu and Ponnampalayam. Under the Scheme "Swachhthapakhwara", the NSS students cleaned the public places and created awareness among the villagers about the construction and usage of toilets. A Free Eye Camp was organised for the benefit of the villagers. A quiz competition was conducted and a short documentary on Gandhiji was filmed in commemoration of the 150<sup>th</sup> birth anniversary of Gandhi.







Name of the Activity: Open Defecation Free Village Camp Date: 21.08.2018 Number of Students: 50

The Health and Wellness Club organised a programme under the scheme "Unnath Bharath Abiyan" at Nathakattupalayam, Erode, to create awareness on open defecation free. Since, the Open defecation is particularly associated with rural and poverty stricken regions, the nearby village were adopted for the programme. The programme focused on its effect on human health and environment. The village people were educated about the resulting diseases viz, water borne diseases, vector borne diseases, compounding the problem of disease exposure, and malnutrition in children. Through this intervention programme, the importance of establishing own toilets and about the public hygiene were stressed. In this campaign, the details of village population, house toilets and public toilets were collected. This programme highly benefitted and created awareness among the village people.



Name of the Activity: Awareness Campaign on Pollution Collobarator :JCI, Erode Date: 14.09.2018 Number of Students: 42

The Department of E-Commerce and JCI, Erode, organized an awareness campaign on "Adieu of Polyethene". "Go Green" is the motto of this programme. The chief guest JCI President Mr. Saravanan motivated the students to render service to the society. They distributed 600 cloth bags at Sakthi Nagar, Erode. This programme created alertness among the public regarding the importance of pollution free environment.





Name of the Activity: Health and Hygiene Date: 18.09.2018 Number of Students: 25

At Sengodampalayam, Erode, the Enviro Club members collected the wastes like plastic papers and polythene bags from the water bodies and finally disposed the collected wastes. Also, they collected the undegradable waste in the surrounding areas. They explained to the people the disadvantages of untidy environment and the diseases that are caused due to the unhealthy environment. They pinpointed the importance of RRR (Reduce, Reuse and Recycle). The programme mainly focused on non bio-degradable wastes and its hazards, and the recycling methods of degradable wastes. About 98 people got benefited by this programme.



Name of the Activity: Awareness Programme on Dengue Fever Date: 18.09.2018 Number of Students: 32

Awareness programme on Dengue fever was organized by Youth Red Cross Society at Government Primary School, Veppampalayam, Erode. The volunteers explained the causative factors, symptoms and preventive measures of dengue fever, and short films were put to educate on emptying the stagnant water in the cement pots, plant pots and car tyres. Pamphlets regarding preventive measures of dengue fever were distributed to all the school students and were displayed on the notice board of each classroom. Finally, an Oath concerning Cleanliness, Health and Hygiene was taken by the school students.









Name of the Activity: Awareness Programme on Healthy Practices Date: 18.09.2018 Number of Students: 57

The Biodiversity Club conducted an awareness programme in Panchayat Union Primary Govt. School, Veerappampalayam, Erode. The students gave speech on general hygiene and open defecation free (ODF). The club members visited the houses and explained them about the importance of cleanliness in their surrounding, home toilets and public toilets.



Name of the Activity: Nutrition Health and Hygiene

Collobarator : Department of Education- Samagra Siksha, Salem

Date: 14.12.2018

Number of Students: 1

Under Madhyamik Shiksha Abhiyan Ms. K. Sri Subha of II M.Sc Foods and Nutrition acted as a resource person to impart awareness to the women teachers working in Government High Schools and Higher Secondary Schools of Salem. She spoke on 'Enable Nutrition Health and Hygiene Training' at AVS Engineering College, Salem.



Name of the Activity: Medicinal Garden Cleaning

Date: 05.01.2019

Number of Students: 30

The Green Society members enthusiastically participated in uprooting the weeds, and did the needed pruning. They planted new medicinal plants to strengthen the garden.



Name of the Activity: Plastic Eradication Programme

Date: 26.01.2019

Number of Students: 25

The Citizen Consumer Club members distributed the pamphlets to the people at Thindal, Erode to enhance awareness on plastic eradication.



Name of the Activity: Campus Cleaning programme

Date: 13.02.2019

Number of Students: 30

To develop a sense of responsibility and commitment towards cleanliness, a cleaning campaign was conducted in the college campus. The Green Society members actively participated in the cleaning activity.



Name of the Activity : Tree Plantation Programme

Collaborator : India TEAM.org

Date : 27.09.2019

Number of Students : 45

In association with India TEAM. Org – Vaan Organic Farm, Tree Plantation programme was conducted at the villages Kalyanipuram and Modakuruchi in Erode District. Saplings of various kinds of trees were planted to increase the greeny areas.



Name of the Activity : Pond digging Date : 27.7.2019 Number of Students : 20

As a part of UBA activity, a group of volunteers actively involved in pond restoration and management at Muthamplayam, Erode, to sort out the water problems in and around the village. They put in concerted efforts to restore pond to its natural state and allow it to become a refuge for wild life.



Name of the Activity : Forest Clean Up Programme Collaborator : Biodiversity Conservation Trust , Sathyamangalam Date : 29.07.2019 Number of Students : 21

As a part of Extension activity, the Department of Biochemistry conducted a Forest cleaning activity at Sathyamangalam Tiger Reserve, Dhimbam. About 21 Final year students rendered their service in removing the plastic wastes and non -natural substances have very damaging effects on nature. When plastics and non - natural trash is left behind in nature, it starts to decompose and vulnerable chemicals are leaked into nature with harmful effects to the entire ecosystem. In order to create awareness among the people related to the detrimental effects of such careless littering, the students involved in the clean- up programme.



Name of the Activity : Helmet Awareness Programme Date : 20.09.2019 Number of Students : 55

The Department of Corporate Secretaryship conducted an awareness programme on the usage of helmet. The students spoke to the people on the ways of reducing the risk of head injury and disability by wearing helmets. Pamphlets were distributed and placards were put stressing the significance of using helmets.





Name of the Activity : Personal Hygiene among Children Date : 21.09.2019 Number of Students : 30

The UBA team and the Citizen Consumer club have jointly organised a programme on "Personal Hygiene among Children" to the Erode Corporation Middle School at Villarasampatti, Erode. Mrs.Nithya Senthil, JCRT Wing Chairperson, JCI Erode Galaxy was the chief guest. She insisted on the importance of personal hygiene and healthy food habits. In addition to this, a Rally on "Water Resource Management and Rain Water Harvesting" was conducted to drive the people on understanding the reasons for water problems such as flooding, drought, water shortage and water pollution. All the school students participated in the rally.





Name of the Activity : Tree Plantation Programme Collaborator : Gowura Foundation, ERode Date : 27.09.2019 Number of Students : 23

Joining hands with the Gowura Foundation organized a tree plantation programme on the premises of Vellalar College for Women. The volunteers of the Enviro-club planted 75 saplings. The team also conducted the cleaning activity in the campus in the view of creating awareness.



Name of the Activity : Rally on Swatchatha Pakkawada Collaborator : NCC Unit, VCW, Erode Date : 02.10.2019

## Number of Students : 87

In commemoration of Gandhi Jayanthi, 297 NCC Cadets of from 6 institutions took part in the Rally on Swatchatha Pakkawada. The Assistant and Joint Commissioners of Corporation Office, Erode, flagged off the rally. The rally started from Erode Corporation Office, Erode and went through the streets of Manikoondu, Eswaran Kovil Street and reached Sengunthar Boys Higher Secondary School, Erode. The NCC Cadets from the following institutions took part, Vellalar College for Women - 87cadets, CSI Boys Hr. Sec. School - 70 cadets, Hindhu Kalvi Nilayam School – 40 cadets, Railway Colony Municipal Boys Higher Secondary School – 22 cadets, CN College -28 cadets and from Sengunthar Boys Matriculation Higher Secondary School – 50 cadets. They were accompanied by Sub. Major Rajendran and Hav.C.M. Kaliyappan. The rally's aim is to create awareness among the people about keeping our surroundings clean, neat and reduce the use of plastics. Oath was taken to maintain sanitation, and pamphlets were distributed to the public.









Name of the Activity : Ban Plastics Campaign Date : 04.10.2019 Number of Students : 85

As part of the Swachh Bharat Mission, Ban Plastics Campaign was organized by Youth Red Cross Society to generate awareness on plastic waste management. The volunteers involved in a massive clean-up process by removing the plastics from college campus. The prime objective of this programme was to focus on banning plastic, littering and careless disposal. This was a needy step which will transform the students to be responsible citizens of India as well as caring inhabitants of this world.



Name of the Activity : Tree Plantation & Seed Ball Distribution

Date : 18.02.2020

Number of Students : 80

Many saplings were planted on the premises of Elementary school at Karaparai, near Thindal, Erode. The Bio Diversity club members distributed 50 seed balls for the public and school students. They instilled in the young minds how seed balls are an easy and sustainable way to cultivate plants. The school students were made aware of the effective way to plant wild flowers in hard-to-reach places, and how it helps in the restoration of the environment and responding positively to climate change.



Name of the Activity : Blood Donation Camp

Collaborator: Vivekanada Blood Donors Club

Date : 19.02.2020

Number of Students : 60

The NSS units and YRC of Vellalar College for Women and Vivekanada Blood Donors club jointly celebrated the Founders Day. The chief guest was Dr.S.Sukumar. The teaching and non-teaching staff and the students donated blood. 60 units of blood was given to the Government Hospital of Erode.



Name of the Activity : Hair Donation Programme Collaborator : Green Trends, Coimbatore Date : 27.02.2020 Number of Students : 50

Hair Donation Programme was conducted by NSS and YRC in collaboration with Green Trends, Coimbatore. In a way of creating awareness on donating hair for the purpose of hair replacement to the cancer patients, the students came forward to donate their hair. More than 50 students donated their hair which will be used to prepare wigs to adults going through cancer treatment.



Name of the Activity : Poshan Abiyan for Anganvadi Children

Date : 13.03.2020

Number of Students : 100

An activity highlighting POSHAN Abhiyaan was conducted for Anganvadi children at Chinnapuliyur, Erode. Health and nutritional awareness was given to prevent from becoming victims of anemia and Diarrhoea. The children were taught to adopt handwash and sanitation.



Name of the Activity : Community Awareness Programme

Date : 19.06.2020

Number of Students : 20

UBA team continuously take steps to empowered women in UBA adopted villages. In unison with the Department of Costume Design and Fashion, the women were taught to stitch masks which will help them to earn money.

