

INVITATION

VELLALAR COLLEGE FOR WOMEN (AUTONOMOUS) ERODE – 12

‘College with Potential for Excellence’

(Re-accredited with ‘A’ grade by NAAC & Affiliated to Bharathiar University, Coimbatore)



Department of Biotechnology
Ministry of Science & Technology,
Government of India

DBT-STAR COLLEGE SCHEME

DEPARTMENT OF NUTRITION AND DIETETICS

OUTREACH PROGRAMME

TO

***“ASSESS THE NUTRITIONAL STATUS OF SELECTED
TRIBALS AT BARGUR HILLS”***

DATE:18.03.2016

VENUE:THAMARAIKARAI, BURGUR

VELLALAR COLLEGE FOR WOMEN (AUTONOMOUS), ERODE

DEPARTMENT OF NUTRITION AND DIETETICS

DBT STAR COLLEGE SCHEME

PROGRAMME : Outreach Programme

DATE : 22.01.2016

VENUE : Thamarai Karai, Burgur, Anthiyur block, Erode district.



Tribals at Burgur Hills



Rapport between Students & Tribals



Students assessing the Clinical status of the subjects



Analyzing the Biochemical status



Anthropometric measurements

Vellalar College for Women (Autonomous) Erode.

Department of Nutrition and Dietetics

DBT – STAR COLLEGE SCHEME

Programme	: Outreach programme (Extension Activity)-“Assessment of Nutritional status of selected tribals at Burgur hills
Date	: 18.03.2016
Venue	: Thamarai, Burgur, Anthiyur block, Erode district.

REPORT

An outreach programme was organized on 18.03.2016 in the tribal area namely Thamarai, Burgur Rural panchayat of Anthiyur Town panchayat in Erode District. This tribal hamlet is about 65 kms from Erode. The III B.Sc Nutrition and Dietetics (36) students accompanied by 2 faculty & 2 Lab assistants were involved in this extension activity. A questionnaire was framed to assess the nutritional status of the tribal women. Their socioeconomic background was collected. Their hemoglobin, Blood pressure levels was assessed. Their food pattern was studied. Nutrition education was also imparted to the women and their children. The importance of nutrition in day to day life was highlighted through songs and games to the children. Snacks were provided to the tribal people. Wearing cloth materials were also distributed this needy people.

VELLALAR COLLEGE FOR WOMEN, THINDAL, ERODE – 12.

PG AND RESEARCH DEPARTMENT OF BOTANY

DBT - STAR COLLEGE SCHEME

REPORT

Inter Departmental Outreach Activity at Kolli Hills on 03.02.2018

Venue: Kolli Hills, Nammakal District, Tamil Nadu.

Date: 03.02.2018

Theme: Nutritional Assessment (5-10 Yrs.) – Intestinal Worm Infestation and herbal treatment (11-13 Yrs.) general health and herbal plants and awareness on forest and hill ecosystem (Vellalar College for women students and staff members).

Benefeciaries: 95 School students, 30 (Male & female) Tribal community people, 42 students (Inter – disciplinary Botany and N&D) from Vellalar College for women and 4 teaching and 2 non – teaching staff members.

Staff Incharge: 1. Dr. K. Kalaichelvi, 2. Dr. N. Maragatham, 3. Dr. C. Chitra Vadivu and

4. Ms. V. Mythili.

21 students of B.Sc. Botany and 21 students of B.Sc. Nutrition and Dietetics accompanied by 4 teaching and 2 non teaching supporting staff have undertaken out-reach activities for the school children and Tribal community of kolli hills on Nutritional assessment, Intestinal worm infestation, herbal treatments for the common diseases, basic health and hygiene, motivation for school education and higher education and conservation of forests, forest resources and ecosystems. Students and staff members experienced the significance of tribal health and forest ecosystem in the development of our economy.

Programme on Basic Health and Hygiene



BMI Check for School Children

