



☎ : 0424 - 2244101
Mob : 99767 51115
Fax : 0424 - 2244102

VELLALAR COLLEGE FOR WOMEN (AUTONOMOUS)

"COLLEGE WITH POTENTIAL FOR EXCELLENCE"

(Re-accredited with 'A' Grade by NAAC, Bengaluru & Affiliated to Bharathiar University, Coimbatore)

Thindal, Erode - 638 012, Tamilnadu.

e-mail: principalvcw@gmail.com * website: vcw.ac.in

7.1.1. CO-CURRICULAR ACTIVITIES



☎ : 0424 - 2244101
Mob : 99767 51115
Fax : 0424 - 2244102

VELLALAR COLLEGE FOR WOMEN (AUTONOMOUS)

"COLLEGE WITH POTENTIAL FOR EXCELLENCE"

(Re-accredited with 'A' Grade by NAAC, Bengaluru & Affiliated to Bharathiar University, Coimbatore)

Thindal, Erode - 638 012, Tamilnadu.

e-mail: principalvcw@gmail.com * website: vcw.ac.in

2015-2016

Gender Issues in Indian Scenario

STUDENT COUNSELING CENTRE EQUAL OPPORTUNITY CENTRE

Coordinator:
Dr. N. Maragatham
Department of Nutrition & Dietetics and
Controller of Examinations



Participants with the Hand-outs

The Student Counseling Centre makes all out efforts to design potential programmes to guide the students to triumph over the obstacles, both personal and academic. The study materials on “Reproductive Health”, “Gender issues in Indian Scenario” and “Marriage and Family Counseling & Concepts” were provided to the learners. The stress level measurement was carried out for the students, and the need for stress management was emphasized. An orientation programme for UG students was conducted to radiate positive energy and instill oodles of confidence. Personal and Psychological counseling was given to 291 students. In an urge to promote individual and comprehensive development, special meetings were organized.



A Counseling Session



Study Materials Distributed



Collaborative and Communicative

Challenges in Young Entrepreneurs

“Entrepreneurship is not about ideas. It’s about making ideas happen.” - Scott Belsky. Holding true to these words, EDC makes the aspirants explore, dream, and discover to put in practice their ideas with unwavering belief, tenacity, passion, and creativity. On 05.09.2015, in a one-day workshop on “Handmade Products” Ms.N.Kiruthika, Trainer, Tirupur, gave a colourful illustration on the art of glass painting, terracotta jewelry making, flower decoration and pot designing. On 19.01.2016, Ms. Devi Janardhanan, Founder Auraa Handmades, and Director, NSG Textiles Pvt. Ltd., Coimbatore, and Ms.N.Chellam, Career Trainer, Coimbatore, gave a clear perspective on the pre-requisites to attain a significant milestone in entrepreneurship.

On 25.10.2015, a few members of EDC attended a seminar on “The New Dynamic Trends of Entrepreneurship” organized by Jairam Arts and Science College, Salem, and won second prize in “Best Business Plan” competition. On 22.01.2016, the members attended a guest lecture on “Successful Agri Business Ventures” organized by the Department of Botany, Vellalar College for Women, Erode.

Co ordinators:

Dr. **P. Saradha**,

Department of Commerce (Aided)

Dr. **S.M Jayasudha**,

Department of BBA (CA)



ENTREPRENEURSHIP DEVELOPMENT CELL

In a way to induce competitive and entrepreneurial spirit, competitions like “Wealth from Waste” and “**Essay Writing on Successful Women Entrepreneurs**” were conducted on 22.01.2016 and 02.02.2016 respectively. On 01.02.2016, a few members attended a special meeting organized by the Department of Zoology, Vellalar College for Women, Erode. Mrs.Nanci Dai, Yetelan Bedding Co., Ltd, Guangdong, China, spoke on “Sericulture – Making of Quilt using Cocoons”.

The EDC members attended a three-day “Entrepreneurship Awareness Programme” from 11.02.2016 to 13.02.2016, organized by Erode Sengunthar Engineering College, Thudupathi, and a special meeting organized by TYCOON-Business Administration Association on 24.02.2016. The chief guest Dr.C.R.Jayaprakash, Associate Professor, Department of Journalism and Mass Communication, Coimbatore, spoke on “Ecopreneurship - A New Approach to Environmental Problems” thereby training the brains to think out of the box way to handle future challenges in the entrepreneurial ventures.





☎ : 0424 - 2244101
Mob : 99767 51115
Fax : 0424 - 2244102

VELLALAR COLLEGE FOR WOMEN (AUTONOMOUS)

"COLLEGE WITH POTENTIAL FOR EXCELLENCE"

(Re-accredited with 'A' Grade by NAAC, Bengaluru & Affiliated to Bharathiar University, Coimbatore)
Thindal, Erode - 638 012, Tamilnadu.

e-mail: principalvcw@gmail.com * website: vcw.ac.in

2016-2017

National Workshop on Early Marriage and Gender Violence



STUDENTS
counselling
CENTRE
&
EQUAL OPPORTUNITY CENTRE



Coordinator

Dr. N. Maragatham, Department of Nutrition & Dietetics

Members

Dr. N. Anjana Devi, Department of Botany

Mrs. K. Suganya, Department of History

Mrs. A. Jansy Isabella Rani, Department of BioChemistry

Mrs. M. Prema, Department Commerce (CA)

To do a world of good in the life of the learners, the Equal Opportunity Centre embarks on a slew of actions that holds promise. Well-structured and potential-rich programmes channel the students to triumph over both personal and academic hindrances. A special lecture on "Health Counselling Phase – I & II" was given by Dr. N. Maragatham, Student's Psychological Counselor and Dr. N. Anjana Devi, Associate Professor of Botany, Vellalar College for Women, Erode, on 21.07.2016 and 22.07.2016. The Coordinator asserted on the indispensable conformity to be given to "Healthy Body Healthy Mind" in KSR College of Arts and Science for Women, Tiruchengodu.

On 23.08.2016 & 24.08.2016, a staff and two students attended the National workshop on "Early Marriage" in Vivekanandha College for Women, Tiruchengode, sponsored by Indian Council of Medical Research, New Delhi, which targeted to educate the teenagers on the resulting health and psychological issues of entering into untimely marital relationship. On 23.09.2016, Dr. N. Anjana Devi, Associate Professor of Botany, Vellalar College for Women, Erode, expanded the canvas of knowledge on "Medicinal Plants for Health improvement." Three staff members attended ICSSR, New Delhi, sponsored one-day National Seminar on "Gender Violence and its Related issues" in Sengunthar Engineering College, Thudupathi, on 04.10.2016.

On 14.12.2016 and 15.12.2016, Mind Mapping Phase – I & II was conducted by the Coordinator for about 650 Students. On 16.12.2016, the Coordinator's expression on "Gender Sensitization" evoked overwhelming response to handle gender-specific issues. The "Psychological Test for Personality Assessment" was conducted. On 05.01.2017, Dr. N. Maragatham, presented a purposeful speech on "Healthy Body Healthy Mind" in Bharathidasan College of Arts and Science for Women, Erode. The Counselling Study Materials were provided for about 1645 students. To promote individual and wholesome development, Personal and Psychological Counselling was offered to 22 individuals, 12 groups and 8 families.

Awareness on Public Library for Women

WOMEN EMPOWERMENT CELL

Coordinators

Dr. **N. Sabitha**
Dept. of Nutrition & Dietetics

Mrs. **B. Shanthi**,
Dept of Co-operation



Health Campaign: Dr. P. Kodeeswari



Cashless Transactions Made Easy
Mr. N. SenthilKumaran

Spearheading social ventures to cultivate feminine potential and entrepreneurial spirit, the Women Cell's essays in empowering women receive an eclectic reception. To embolden the rural womenfolk and drive change in their life, an activity on "Legal Awareness" was organized at Kurupanayakkanpalayam, Bhavani, on 22.09.2016. Mr. M. Yogavel, Advocate & Notary Public, apprised the rural womenfolk of their fundamental rights.

A one-day Training Programme for women farm workers on "Bee-Keeping (Apiculture)" was organized on 24.09.2016 at Kasi Thottam, Karavalasu, Sivagiri. Mr. A. Dhandayuthapani, ADP Apiary, rendered training on honey bee culture techniques and maintenance of honey bee colonies. He also demonstrated "smoker", a device to generate smoke from the incomplete combustion of various fuels. Thirty four women and school students participated in this programme.

To polish the matchless ability and uniqueness in artistic hand of the Self Help Group Women, a one-day workshop on "Fabric Painting" was organized on 15.10.2016 at Chittar, Bhavani, with Dr.P.Inthirani, Assistant Professor, Department of Tamil (SF), Vellalar College for Women, Erode, as the resource person.

In a way to divulge the nutritional benefits of consuming millets, the awareness programme on "Value Added Products - Using Millets" was organized for the Self Help Group Women and house makers in Municipal Colony, Erode, on 17.10.2016. The preparation of health-centric dishes like Samai Sambar Rice, Samai Payasam, Kuthirai vali Vegetable Rice, Varagu Pongal and Naripayiru Ball with Palmyra Jaggery (Karuppatti) was a treat to the taste buds.

On 28.01.2017, in the programme on "Awareness on Public Library for Women" which took place at Public Library (Digital Library), Sampath Nagar, Erode, Mrs. M. Sivamani, The Librarian, Vellalar College for Women, Erode, enunciated on the role and purpose of Public Library, sections in the library, type of reading materials, rules to become a member in a library, benefits of reading books and how it is the gateway to prepare for Competitive Exams.

With the view to make the public aware of online transactions, the programme on "Digital Banking and Cashless Payment" was conducted on 28.01.2017 at Public Library Hall, Sampath Nagar, Erode. The resource person Mr. N. Senthil Kumaran, Director-MCA, Vellalar College for Women, Erode, made obvious the digital mode of payment by using mobile phones, laptops and other e-gadgets.

Making a pact with GEM Hospital and Research Centre, Coimbatore, the Health Awareness Programme on "Save Uterus" was organized on 03.03.2017. In her health talk, Dr.P.Kodeeswari, Consultant Endogynaecologist, Gem Hospital and Research Centre, Coimbatore, communicated on the psychological behaviours of adolescent girls during puberty, different phases of menstrual cycle and hygienic practices to be followed during menstruation.

To champion the dignity and dynamism of womanhood, International Women's Day was celebrated on 09.03.2017 with Mrs. R. Narmatha Devi, Revenue Divisional Officer, Erode, as the Chief Guest.



At Public Library (Digital Library)
Sampath Nagar, Erode



Bee-Keeping Training Programme



Workshop on Fabric Painting



Legal Awareness Programme: Mr. M. Yogavel



☎ : 0424 - 2244101
Mob : 99767 51115
Fax : 0424 - 2244102

VELLALAR COLLEGE FOR WOMEN (AUTONOMOUS)

"COLLEGE WITH POTENTIAL FOR EXCELLENCE"

(Re-accredited with 'A' Grade by NAAC, Bengaluru & Affiliated to Bharathiar University, Coimbatore)

Thindal, Erode - 638 012, Tamilnadu.

e-mail: principalvcw@gmail.com * website: vcw.ac.in

POST GRADUATE & RESEARCH DEPARTMENT OF HISTORY

History Association

2016-2017

Association Competitions

Report

i) Essay Competition:

In connection with the History Association, various competitions were conducted for the UG & PG students. For the UG Students an essay competition was conducted on the topic **Social Security of Women in Current Scenario** on 09.01.2017 in which M.Sowmiya of I 'B.A.History secured I Prize and T.Mathivadhana of II B.A. History secured II prize respectively. For the PG Students competition was conducted on the topic **Centre-State Relations in India** on 09.01.2017. R.Vanmathi of II M.A. History secured I Prize and S.Sowmiya Bharathi of II M.A. History and P.Neelavathi of I M.A.History secured II prizes respectively.

ii) Oratorical Competition:

An oratorical competition was conducted to the UG students on the topic **Demonetization Effects & Aftermath** held on 09.01.2017. S.Priyadharsini, of III B.A. History secured I prize & S.Janani of III B.A. History secured II Prize respectively.

S. S. S.
19/11/2017.

HEAD
PG & Research Department of History
Vellalar College for Women
ERODE - 638 012.



☎ : 0424 - 2244101
Mob : 99767 51115
Fax : 0424 - 2244102

VELLALAR COLLEGE FOR WOMEN (AUTONOMOUS)

"COLLEGE WITH POTENTIAL FOR EXCELLENCE"

(Re-accredited with 'A' Grade by NAAC, Bengaluru & Affiliated to Bharathiar University, Coimbatore)

Thindal, Erode - 638 012, Tamilnadu.

e-mail: principalvcw@gmail.com * website: vcw.ac.in

2017-2018

Awareness Program on Healthy Living using Millets

18.09.2018 - A Guest Lecture on "Internet for Students: Security Online" by Mr. Sivasubramanian Muthusamy.

28.09.2018 - A one day workshop on "Data Visualization and Mind Mapping Tools for Research" by Mr.J.Arumugam, Senior Librarian, PSG College of Technology, Coimbatore.

25.10.2018 - An awareness programme on UNESCO's Sustainable Development Goal(No. 3) – Good Health and Well Being by PG and Research Department of Library and Information Science,Vellalar College for Women (Autonomous)Thindal, Erode, in association with Branch Library Kanjikoil, Department of Public Libraries, MSSRF, INELI and IPLM.

05.12.2018 - A Guest Lecture on " Reaching the resources @ the American Library" by Mr.Srinivasam Premkumar, Outreach Librarian, American Centre Library, USIS, Chennai.

01.02.2019 - A one day workshop on "Digital Resources Management: DSpace, GSDL, NewGenlib" by Sri.A.Velayutham, Assistant Librarian, Sri Ramakrishna Missions Vidyalaya Maruthi College of Physical Education, Coimbatore.

07.02.2019 – Visit to Central Library, Bannari Amman Institute of Technology, Sathyamangalam.

14.02.2019 - A Guest Lecture on Fulbright Fellowships by Mr. Lalitha Nagesvari, Programme Manager, USIEF (United States India Education Foundation).

Mr.Muthuthanikachalam, Uyir Velaan Niruvanam, Erode, acted as Resource person and Judge for the exhibition on "Healthy Living Using Millets". The programme was presided over by Mr.V.Matheshvaran, District Library Officer, Erode. The users of the library were enriched with the knowledge on importance of Food Habits and Exercises for a Healthy Living.



Workshop on Digital Resource Management



Guest Lecture on the Use of Internet



Inauguration of Digital Library



Quest for Knowledge



Inauguration of Digital Library



A Captivating Speech by Mrs. Lalitha Nagesvari, Programme Manager, USIEF, Chennai



Awareness Programme on Good Health and Well Being



@ Bannariamman Institute of Technology,



Inculcation of Technical Skills

Vegetable Carving and Wealth from Waste



Aimed at bolstering a structured and inclusive academic exposure focusing on the need for innovative thinking in animal science and biotechnology, the department schemes unique and distinctive programmes.

DEPARTMENT OF ZOOLOGY

On 10.08.2017 Dr.Selvavinayagam, Linnplantae Algal Unit, Sivagangai, gave a guest lecture on “Mass Cultivation of Marine Algae”.

To trigger and motivate the students' knowledge in the broad spectrum of biological sciences, a special meeting was organized on 30.08.2017, in which Dr.N.Ezhili, Associate Professor & Head, Department of Zoology, PSGR Krishnammal College for Women, Coimbatore, served as the resource person and discoursed on “Application of Biomimicry in Industries”. To sensitize the need for enhancing communication skills, on 12.12.2017, an application oriented guest lecture was prompted by Mrs.M.R Ramya, Assistant Professor of English, Vellalar College for Women, Erode, on the topic “Grammar- An Introduction”. Dr.M. Senguttavan, Associate Professor & Head, Department of Zoology, PSG College of Arts and Science, Coimbatore, delivered a speech on the topic “Students Awareness on Competitive Examinations” on 02.02.2018.

A UGC funded State Level Symposium on “Strategies and Challenges in Eco restoration” was organized on 13.02.2018. Dr.M.Ramesh, Professor and Head I/C, Department of Zoology, Bharathiar University, Coimbatore, dwelt at length on, “Ecotoxicological Risk of Pharmaceuticals and Personal Care Products in the Aquatic Environment”. Dr. R. Babu Rajendran, Professor and Head, Department of Environmental Biotechnology, Bharathidasan University, Trichy, presented an informative talk on “Emerging Pollutants and Reweaving Environment”. Dr.N.Raj Kumar, Assistant Engineer, Tamilnadu Pollution Control Board, Erode disseminated his field experience on the topic “Biomedical Waste Management”. Dr.N.Govindsamy, Consultant Surgeon, Viji Hospital, Erode, addressed the students on “Health for body, mind and soul” in a special meeting on 15.02.2018.

To elicit the dormant creativity of the students, **Vegetable Carving' and 'Wealth from Waste'** Model Making competitions were conducted and the deserving outputs were duly rewarded with certificates and prizes. An educational tour was arranged for the final year students from 21.09.2017 to 25.09.2017 to National Institute of Animal Biotechnology, Zoo and Museum, Hyderabad and the II year students visited Central Marine Fisheries Research Institute, Algal Cultural Unit, Mandapam- Rameshwaram, Linn Plantae Algae Processing Unit, Sivagangai, Govt. Museum, Pudukottai, Anna Science Centre and Planetarium, Trichy and Butterfly Park, Srirangam from 09.08.2017 to 11.08.2017.



**VELLALAR COLLEGE FOR WOMEN (AUTONOMOUS), ERODE-12
PG AND RESEARCH DEPARTMENT OF COMMERCE (CS)**



***SPECIAL MEETING ON
“A DISCRIMINANT APPROACH -LEGAL
PROCEEDINGS IN CIVIL COURT”***

CHIEF GUEST : Mr. R .Balamurugan MBA, M.L
Advocate,
10, Lawer chamber
District Court
Erode-11

DATE : 09.02.2018

VENUE : Conference Hall

TIME : 2.00.p.m

ALL ARE CORDIALLY INVITED

POST GRADUATE & RESEARCH DEPARTMENT OF HISTORY

UGC FUNDED GUEST LECTURE PROGRAMME (2017-2018)

SPECIAL MEETING ON WOMEN AND SOCIETY

05.01.2018

Report

History Association organized a special meeting with Dr.E.Ravi, Professor and Head, School of History & Tourism studies, TamilNadu Open University, Chennai as a Resource Person on 05.01.2018 in the premises of Vellalar College for Women. The topic chosen and highlighted by the Resource Person was "Women and Society". In his speech, he spotlighted the process of social transformation by which Indian society has been exposed to changes that results in agricultural modernization, economic development, industrialization, globalization and urbanization. This results in the inequality and gender disparities. Hence, women face changes which lead to the growing imbalances. He also emphasized that till now, women are looks upon only as a unit of family organization and at present women are becoming not only a significant unit of the society, but also influencing the course of social change in the society. The women are now an important instrument of social change. He also brought out the role of women in decision making and motivated the students to take up challenges in career and utilizing the opportunities. He also brought to the fore the transformation of women through ages from ancient times. He linked the topic with that of great leaders like Napoleon, Great Shivaji and Hitler behind who lays the motivation and inspiration of their wives which lead to their success. Hundred PG and UG students, three M.Phil scholars were benefitted through this programme.

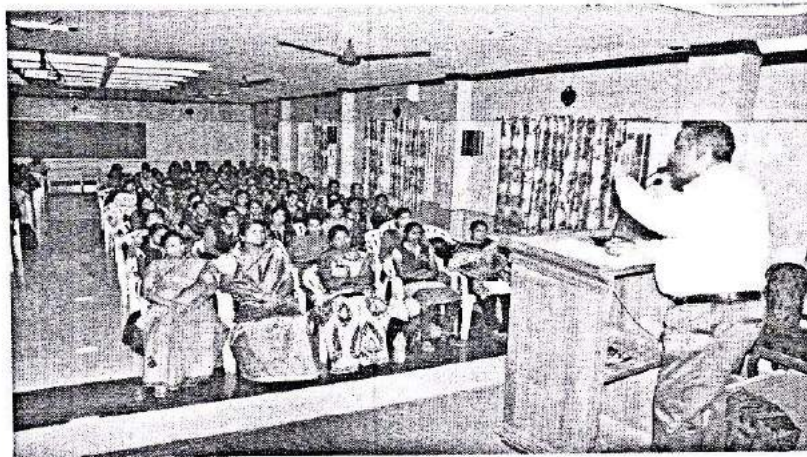
White
5/1/2018

HEAD
PG & Research Department of History
Vellalar College for Women
ERODE - 638 012.

VELLALAR COLLEGE FOR WOMEN (AUTONOMOUS), ERODE-12
CORP NIKITES ASSOCIATION REPORT - 2017-18

SPECIAL MEETING

A special meeting was conducted on 9th February 2018 at 02.00 p.m in Conference Hall. The meeting was started with Tamil Thai Valthu. Ms. B.Sowndhariya, III.B.com CS, Secretary of Corp Nikites, delivered insightful Welcome Address. The Chief Guest of the day Mr.R.Balamurugan, Advocate, District Court, Erode delivers his speech on "A Discriminant approach – Legal Proceedings in the civil court". The programme was an eye opener to the students on the practical proceedings of the court. He provided hands on training to the students to fill the promissory notes. Ms. T.Keerthika of II M.com CS solicited the word of gratitude for the function. The function came to an end with National Anthem.



**VELLALAR COLLEGE FOR WOMEN (AUTONOMOUS),
ERODE-12**

College with Potential for Excellence
(Re-accredited with "A" Grade by NAAC&Affiliated to
Bharathiar University, Coimbatore.



ENVIRO CLUB
Organizing

“Open Defecation Free programme”

Volunteers	: Enviro Club members Vellalar College for Women
Theme	: Awareness campaign on “Open Defecation”
Venue	: Botany laboratory Vellalar College or Women (Autonomous), Erode.
Date	: 22.08.2018
Time	: 9.00 am-10.00 am



☎ : 0424 - 2244101

Mob : 99767 51115

Fax : 0424 - 2244102

VELLALAR COLLEGE FOR WOMEN (AUTONOMOUS)

"COLLEGE WITH POTENTIAL FOR EXCELLENCE"

(Re-accredited with 'A' Grade by NAAC, Bengaluru & Affiliated to Bharathiar University, Coimbatore)

Thindal, Erode - 638 012, Tamilnadu.

e-mail: principalvcw@gmail.com * website: vcw.ac.in

2018-2019

Biodiversity Club Activities

Coordinators :

Dr. M. Sangeetha, Assistant Professor, Department of Zoology (Aided)

Ms. K.P. Kalaivaanee, Assistant Professor, Department of Costume Design and Fashion (SF)

Aiming to equip the younger generation to create biodiversity awareness among themselves, the club conducts a plethora of programmes on Biodiversity Conservation with a special focus on cultivating the inclination to appreciate the beauty and fragility of nature.



21.08.2018 - Awareness Campaign on "Open Defecation" at Veerapampalayam village.

18.09.2018- Follow up Programme on "Open Defecation" Awareness programme at Veerapampalayam village.

12.02.2019- Field trip to Vellode Bird Sanctuary - Donation of water tank to Veerapampalayam Village.

20.02.2019- Awareness Programme to the students of Government Primary School, T.Vellode and Competitions: Chart Preparations and Drawing Exhibits on the theme "Man Vs Wild life".



Enviro club gives the students a platform to take action on the environmental issues and passionate about channelling their energy and enthusiasm. The Club let the students to take leadership roles in identifying and achieving environmental goals.

22.08.2018 - Awareness Campaign on "Open Defecation Free" at Sengodampalayam (adopted village) and Govt. Higher Secondary School (Sengodampalayam).

18.09.2018 - Awareness Programme on "Hygiene in Surrounding Area" at Sengodampalayam area.

12.02.2019 - Guest Lecture on "Think Green Go Green" by Dr. S. Saravanambigadevi, Associate Professor, Department of Commerce, Vellalar College for Women (Autonomous), Erode.

20.02.2019 - Special Meeting on "You and Your Environment" by Dr. P. Parimaladevi, Associate Professor & Head, Department of E-Commerce, Vellalar College for Women (Autonomous), Erode.



Coordinators :

Dr. G. Jayanthi, Assistant Professor, Department of Botany (Aided)

Dr. S. Poongodi, Associate Professor, Department of Commerce (CA) (SF)



Napkins Vending Machine installed

STUDENT WELFARE COMMITTEE

Coordinators :

Dr. P. Premamalini, Associate Professor, PG & Research Department of Botany (Aided)

Dr. J. Sumathi, Assistant Professor, Department of Tamil (Aided)



14.08.2018 to 3.10.2018 - Napkins Vending Machine installed.

29.08.2018 - Students recited the college calendar to comprehend the rules and regulations and to maintain the discipline and decorum of the college in the impending days.

22.02.2019 - Bestowed patronage to students by making them to understand the value of food, advised 'Not to waste food' and to maintain cleanliness in and around the campus.



Coordinators :

Dr. R. Nirmla Devi, Assistant Professor & Head, Department of Tamil (Aided)

Mr. T. Stephen, Assistant Professor & Head, Library and Information Science, (SF)



26.12.2018 - Awareness Programme on "Ullathu Uyairvukol" by Mrs. Janaki Subramani Swati, Founder & Managing Trustee, Elanjie for Social Welfare, Erode.

19.02.2019 - Motivational Programme on "Tips to Enrich Self-Confidence" by Thiru.C. Rajamanickam, Inspector of Matriculation Schools (Retd.).

Green Society Club Activities

Coordinators:

Dr. P. Premamalini,
Associate Professor, Department of Botany (Aided)

Dr. D. Indumathi,
Assistant Professor & Head, Department of Zoology (Aided)

Ms. S. Nithya,
Assistant Professor, Department of CT/IT (SF)



22.07.2018- Special Programme on "Go Green" and "Waste Management".

21.08.2018- Awareness Campaign on "Open Defecation Free" at Panchayat Union School, Thindal and Therkkupallam.

18.09.2018 - Health Awareness Programme on "Preventive and Control Measures of Dengue", Panchayat Union School, Thindal and Therkkupallam.

05.01.2019- Visit to Medicinal Garden.

10.01.2019 - Seed Ball prepared and donated to the faculty members of Velalar Vidhyalayaa CBSE School.

09.02.2019- "Tree Plantation" Programme at Panchayat Union Elementary School premises, Vellode.

10.02.2019- Essay competition on the topic "Less Plastic-More Life" and Drawing Competition on the topic "Gaja Cyclone - Nature's Revenge".

12.02.2019- Special Lecture on "Digital Agriculture" by Ms. D. Savitha, Assistant Professor of Computer Technology, Vellalar College for Women, Erode.

12.02.2019- Exhibition on "Traditional Paddy Varieties and their Values", where in 42 varieties of paddy were exhibited.

13.02.2019- Awareness Campaign on "Cleanliness" in the college campus.

Women Empowerment and Entrepreneurship



Coordinators :

Dr. S. Maheswari, Assistant Professor, PG & Research Department of Commerce (Aided)

Dr. D. Parimala Devi, Assistant Professor, Department of Business Administration with CA(SF)

02.08.2018 and 18.09.2018 - Awareness Programme on "Open Defecation" - Hands-on-Training on "Paper Bag, File and Greeting Card Making" at the Government Primary School, Villarasampatti, Erode.

26.09.2018 - Special Meeting on "Women Empowerment and Entrepreneurship" by Jc. Du. Velumani, Managing Director, Certified Zone Trainer, Erode.

05.02.2019 - Awareness Programme on "Plastic Free Environment" at Thindal Murugan Temple.

13.02.2019 - Competitions: Wealth from Waste and Essay-Writing.

15.02.2019 - Paper Bags and Files Making Procedure had been taught to the students of Government Primary School, Chinnapuliur.

18.02.2019 - Special Meeting on "Entrepreneurial Skills" by Mr. Mohan Kumar Chinnasamy, Executive Director, SKYBAYS, Retail Initiatives Pvt. Ltd., Erode.





☎ : 0424 - 2244101
Mob : 99767 51115
Fax : 0424 - 2244102

VELLALAR COLLEGE FOR WOMEN (AUTONOMOUS)

"COLLEGE WITH POTENTIAL FOR EXCELLENCE"

(Re-accredited with 'A' Grade by NAAC, Bengaluru & Affiliated to Bharathiar University, Coimbatore)
Thindal, Erode - 638 012, Tamilnadu.

e-mail: principalvcw@gmail.com * website: vcw.ac.in

DEPT. OF FOODS AND NUTRITION

EXTENSION ACTIVITY

AN AWARENESS PROGRAMME ON CHILD INJURIES FOR ANGANWADI WORKERS, COMMUNITY WOMEN AND SCHOOL CHILDREN

The Department of **Foods and Nutrition** organized ICMR funded Awareness programme on child injuries for Anganwadi Workers and community Women at Ayyappa nagar, Perundurai, on **14.10.2019**. **Dr.S.Bhoopathy**, MD, DNB, MRCPCH, MNAMS, Neonatologist/Intensivist, Erode Emergency Care Hospital, and Erode was the resource person. Nearly 85 anganwadi workers and community women participants gained knowledge and awareness on prevention of common child injuries, road safety, and first aid for injuries, hygiene practices and balanced diet. Similar programme was conducted in Chennimalai on **23.10.2019** for Anganwadi workers and school children.

P. Indumathy

Dr. P.Indumathy, M.Sc. M.Phil, Ph.D.,
Associate Professor & Head,
Department of Foods & Nutrition,
Vellalar College For Women,
Erode -638 012.



☎ : 0424 - 2244101
Mob : 99767 51115
Fax : 0424 - 2244102

VELLALAR COLLEGE FOR WOMEN (AUTONOMOUS)

"COLLEGE WITH POTENTIAL FOR EXCELLENCE"

(Re-accredited with 'A' Grade by NAAC, Bengaluru & Affiliated to Bharathiar University, Coimbatore)
Thindal, Erode - 638 012, Tamilnadu.

e-mail: principalvcw@gmail.com * website: vcw.ac.in

Awareness Program on Child Injuries





☎ : 0424 - 2244101
Mob : 99767 51115
Fax : 0424 - 2244102

VELLALAR COLLEGE FOR WOMEN (AUTONOMOUS)
"COLLEGE WITH POTENTIAL FOR EXCELLENCE"

(Re-accredited with 'A' Grade by NAAC, Bengaluru & Affiliated to Bharathiar University, Coimbatore)
Thindal Erode - 638 012, Tamilnadu.
@gmail.com * website: vcw.ac.in



Latitude: 11.162483
Longitude: 77.60331
Accuracy: 1700.0m
Time: 10-23-2019 14:34
Note: education and awareness program

Powered by NoteCam



☎ : 0424 - 2244101
 Mob : 99767 51115
 Fax : 0424 - 2244102

VELLALAR COLLEGE FOR WOMEN (AUTONOMOUS)

"COLLEGE WITH POTENTIAL FOR EXCELLENCE"

(Re-accredited with 'A' Grade by NAAC, Bengaluru & Affiliated to Bharathiar University, Coimbatore)
 Thindal, Erode - 638 012, Tamilnadu.

e-mail: principalvcw@gmail.com * website: vcw.ac.in

Paper Bag making Workshop



Programs Conducted by Startup Centre

SELF EMPLOYMENT TRAINING AND STARTUP CENTRE

Coordinators :

Dr. S. Maheswari, Assistant Professor,
PG & Research Department of Commerce (Aided)

Dr. D. Parimala Devi, Assistant Professor & Head,
Department of Business Administration with CA (SF)

(Centre for Community Development and Institutional Social Responsibility)

01.09.2018 - One-day Workshop for general public women on "Incense Sticks and Paper Bag making".

08.09.2018 & 29.09.2018 - Workshops on "Embroidery" and "Mixed Fruit Pineapple Jam Making".

07.02.2019 - The Start-Up Centre jointly with the Department of Chemistry organized Hands-on-Training on "Flower Making" to various Self-Help Groups in and around Erode with Mrs.Meenakshi Venkatesh, Director and Ms.S.Keerthana, Arts and Craft Teacher of Meenakshi School of Fine Arts, Erode, as the resource persons.



Agri Business Training and Consultancy

Co-ordinator :

Dr. S. Anuradha,
Associate Professor, Department of N & D (Aided)



24.09.2018 – Special Lecture on "Market Based Agriculture".

26.10.2018 – Workshop on "Virgin Coconut Oil Preparation".

19.12.2018 and 20.12.2018 – "Agri Mall".

05.02.2019 – Special Programme on "Creation of Scientific Awareness for Farmers"



National Level Yoga Conference and Competition



தென்னிந்திய அளவிலான யோகா கருத்தரங்கம் மற்றும் யோகாசனப் போட்டி



இணைந்து நடத்தும்
விஷ்வ ஆயுஷ் யோகா கேந்திரம்
பிராணா யோக வர்ம ஆய்வு மையம் மற்றும்
வேளாளர் மகளிர் கல்லூரி



நாள் : 30.11.2019, சனிக்கிழமை நேரம் : காலை 9.00 மணி முதல் மாலை 4.00 மணி வரை
இடம் : கஸ்தூர்பா காந்தி கலையரங்கம், வேளாளர் மகளிர் கல்லூரி, திண்டிவனம், ஈரோடு.

சிறப்பு விருந்தினர்கள்

திரு. **S.D. சந்திரசேகர்** அவர்கள்
தாளாளர் & செயலாளர்,
வேளாளர் கல்வி அறக்கட்டளை, ஈரோடு.

Dr.N. மரகதம் அவர்கள்
முதல்வர், வேளாளர் மகளிர் கல்லூரி, ஈரோடு.

ஆசியுரை. சுவாமி. **நித்யமுக்தானந்த சரஸ்வதி** அவர்கள்
ஆர்ஷ வித்யா விருசுவம், ஈரோடு.

Dr. ரீவ்ஸ் ஜஸ்ட்லின் தாஸ் R. BNYS., அவர்கள்
முதல்வர், நந்தா இயற்கை மருத்துவம் மற்றும் யோகா மருத்துவக் கல்லூரி, ஈரோடு.

திரு. முனைவர் **வே. வள்ளிமுருகன்** அவர்கள்
உதவி பேராசிரியர் உடற்கல்வித்துறை, பாரதியார் பல்கலைக்கழகம், கோவை.

Dr. E.S.M. சரவணன்
MBBS., DPM., DNB (Psychiatry) அவர்கள்

Dr.K.K. மைதிலி அவர்கள்
தலைவர், கணிதம் & கணினி பயன்பாட்டியல் துறை,
வேளாளர் மகளிர் கல்லூரி, ஈரோடு.

திரு. **எஸ். பிரகாஷ்** அவர்கள்
CC செங்கோட்டையா சைக்கிள் மாடர், ஈரோடு.

Rtn. திரு. **P. கந்தசாமி** அவர்கள்
தலைவர், ரோட்டரி கிளப், ஈரோடு சென்ட்ரல்.



மச்சாசனா



புஜங்காசனா



உட்பாசனா



தனுராசனா



பரிவிருத்திரிகோனாசனா



பந்தகோனாசனா



சர்வாங்கசனா



நவாசனா



பஸ்மோதாசனா



பரிச்சாசனா II

குறிப்பு : இதிலிருந்து ஏதேனும் 3 ஆசனங்களும் 2 விரும்பிய ஆசனங்களும் செய்ய வேண்டும்

சாம்பியன்ஷிப்
முதல் பரிசு

முக்கிய குறிப்புகள்

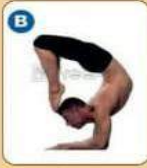


1. நடுவர் தீர்ப்பே இறுதியானது.
2. போட்டியில் கலந்து கொள்ளும் அனைத்து மாணவர்களுக்கும் பதக்கம் மற்றும் சான்றிதழ்கள் வழங்கப்படும்.
3. சிறந்த போட்டியாளர்களுக்கு பரிசுகள் வழங்கப்படும்.
4. யோகாவை உனக்குவிக்கும் சிறந்த பள்ளிகளுக்கு பாராட்டும், பரிசுகளும் வழங்கப்படும்.
5. அனைத்து பள்ளி மாணவர்களுக்கும் மன ஒருமைப்பாடு, நுண்ணறிவுத் திறன் மற்றும் ஞாபக சக்திக்கான இலவச பயிற்சி அளிக்கப்படுகிறது.
7. போட்டியில் கலந்து கொள்ளும் மாணவர்கள் அனைவரும் யோகா சீருடையில் வர வேண்டும்.
8. முன்பதிவு செய்ய கடைசி நாள் - 27.11.2019, புதன்கிழமை
9. ரூ. 250/- நுழைவு கட்டணம் செலுத்த வேண்டும்.
10. சாம்பியன்ஷிப் போட்டி தனியாக நடைபெறும்
11. போட்டிக்கான முன்பதிவு செய்யும் மாணவர்களுக்கு உணவு வழங்கப்படும்.

சாம்பியன்ஷிப் போட்டிக்கான ஆசனங்கள்



கண்டபேருண்டாசனம்



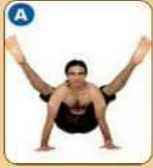
விருச்சிகாசனம்



சம்பவியாசனம்



சக்கரபந்தாசனம்



தித்திபாசனம்



வவாஸாசனம்



ராஜகோபாடாசனம்



சிசிங்காசனம்

AGE GROUP

GROUP	MALE / FEMALE	
1	Below 10 years (Any 3 Asana)	3 rd to 5 th
2	Below 13 years	6 th to 8 th
GROUP	MALE / FEMALE	
3	Below 15 Years	9 th to 10 th
4	Below 18 Years	11 th to 12 th
GROUP	MALE / FEMALE	
5	Above 18 Years	College

Organiser & Contact

Thiru. C. Annamalai
Vishwa Ayush Yoga Kendram, Salem
☎ 94869 02388

Thiru. Vairavan G
Prana Yoga Varma Research Centre, Erode
☎ 96295 22255

Thiru. M. Achyuthan
Vishwa Ayush Yoga Kendram
Erode
☎ 97505 09118

Thiru. K. Shanmugam
Vishwa Ayush Yoga Kendram
Gobi - Sathy
☎ 97912 08718

Thiru. R. Sankar
Aayurvedhan Wellness Centre
Erode
☎ 98943 86966

Thiru. T. Shanmuga Sundaram
Vishwa Ayush Yoga Kendram
Erode
☎ 99443 23554



☎ : 0424 - 2244101
Mob : 99767 51115
Fax : 0424 - 2244102

VELLALAR COLLEGE FOR WOMEN (AUTONOMOUS)

"COLLEGE WITH POTENTIAL FOR EXCELLENCE"

(Re-accredited with 'A' Grade by NAAC, Bengaluru & Affiliated to Bharathiar University, Coimbatore)
Thindal, Erode - 638 012, Tamilnadu.

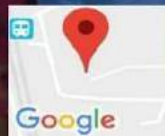
e-mail: principalvcw@gmail.com * website: vcw.ac.in

DEPARTMENT OF MATHEMATICS CA

YOGA COMPETITION REPORT

Department of Mathematics [CA] jointly with Vishva Aayush Yoga Kendram & Praana Yoga Varma Research Center has organized Yoga Conference & Competition for School students in South India level on **November 30, 2019**. Swami. Nithyamukthananda Saraswathi, Arsha Vidya Virusham, Dr.Reeves Justilind Dhas, Nandha Naturopathy and Yoga Medical College and V.Vallimurugan, Professor, Department of Physical Education, Bharathiar University were the Chief Guest and Prizes were distributed for Different categories.

No. of. Beneficiaries: 450



Latitude 11.5617690

Longitude 77.3462799

30 Nov 2019, 09.30AM.

Clouds

34 °C

93.2 °F

K. K. Myithili
Dr. K. K. Myithili
Associate Professor and Head
Department of Mathematics (CA)
Vellalar College for Women (Autonomous)
Erode - 638 012

International Conference on Feminism and Decorum in World Epic

கருத்தரங்கத் தலைவர்கள்

திரு. சா.செ.கந்தசாமி
தலைவர்,
வேளாளர் கல்வி நிறுவனங்கள், ஈரோடு.

திரு. செ.து.சந்திரசேகர்
செயலர்,
வேளாளர் கல்வி நிறுவனங்கள், ஈரோடு.

ஆலோசனைக் குழுத் தலைவர்

முனைவர் ந.மரகதம்
முதல்வர்,
வேளாளர் மகளிர் கல்லூரி, ஈரோடு.

கருத்தரங்க அமைப்புக் குழுவினர்

தமிழ்த்துறைப் பேராசிரியர்கள்

முனைவர் ஆர். நிரமலாதேவி
முனைவர் ஜெ. சமதி
முனைவர் மு. ஹேமலதா
முனைவர் ந. மு. கவிதா
முனைவர் ஜே. கனகவள்ளி
முனைவர் மு. அய்யம்மாள்
தொகுதி. ம.கிர. தேவியன்மாட்சி



தொடர்புக்கு

கருத்தரங்க ஒருங்கிணைப்பாளிகள்
முனைவர் ஆர். நிரமலாதேவி 99943 67069
முனைவர் மு. ஹேமலதா 99426 79708



பல்கலைக் கழக நிதிநல்கைக் குழுவின் நிதி உதவியுடன்

வேளாளர் மகளிர் கல்லூரி (தன்னாட்சி)

ஈரோடு - 12

திறன் மேம்பாட்டுற கல்லூரி (CPE)

(தேசிய மதிப்பீடு, மீள்தர நிர்ணயக் குழுவின் 'A' தகுதி பெற்றது)

தமிழ்த்துறையும்

உலகத் தமிழ்க் காப்பிய ஆராய்ச்சி நிறுவனமும்

இணைந்து நடத்தும்

**உலகக் காப்பியங்களில்
பெண்ணியமும் அறக்கோட்பாடுகளும்
பொன்விழா சிறப்பு
பன்னாட்டு ஆய்வுக் கருத்தரங்கம்**

Golden Jubilee
INTERNATIONAL CONFERENCE ON
FEMINISM AND DECORUM
IN WORLD EPICS

நாள் : 13. 12. 2019 வெள்ளிக்கிழமை

நேரம் : காலை 9.00 மணி முதல் மாலை 5.30 மணி வரை

இடம் : கஸ்தூரியா கலையரங்கம்

நிகழ்ச்சி நிரல்

13.12.2019 வெள்ளிக்கிழமை

சிறப்புரை :

முனைவர். வி. ரேணுகாதேவி
தகைசால் பேராசிரியர், மொழிவியல் துறை,
மதுரை காமராசர் பல்கலைக்கழகம், மதுரை.

பதிவு செய்தல் : காலை 9.00 மணி முதல் 10.00 மணி வரை
தொடக்க விழா : காலை 10.05 மணி முதல் 10.45 மணி வரை

முனைவர். பொருதை. க.மாரியப்பன்
உதவிப் பேராசிரியர்,
தமிழ் மொழி மற்றும் மொழிவியல் துறை,
திராவிடப் பல்கலைக்கழகம், சூப்பம், ஆந்திரா.

இறைவணக்கம் :

முனைவர். பி. கமலக்கண்ணன்
ஐயைப் பேராசிரியர் மற்றும் தமிழ்த்துறைத் தலைவர்,
சிக்கிய நாயக்கர் கல்லூரி, ஈரோடு.

வரவேற்புரை : முனைவர் ஆர். நிர்மலாதேவி
தமிழ்த்துறைத் தலைவர்,
வேளாளர் மகளிர் கல்லூரி, ஈரோடு.

மதியம் 2.00 மணி முதல் மாலை 5.00 மணி வரை

அறிமுக உரை : முனைவர் மு. வேறுமலதா
தமிழ்த்துறை உதவிப் பேராசிரியர்,
வேளாளர் மகளிர் கல்லூரி, ஈரோடு.

முனைவர். க. பசும்பொன்
மேனாள் இயக்குநர்,
உலகத் தமிழ்ச் சங்கம், மதுரை.

குத்துவிளக்கேற்றுகள் :

தலைமைபுரை : திரு. செ.து.சந்திரசேகர்
செயலர்,
வேளாளர் மகளிர் கல்லூரி, ஈரோடு.

முனைவர். இரா.குறிஞ்சிவேந்தன்
பேராசிரியர் மற்றும் தலைவர்,
அயல்நாட்டுத் தமிழ்க் கல்வித்துறை,
தமிழ்ப் பல்கலைக்கழகம், தஞ்சாவூர்.

வாழ்த்துரை : முனைவர் ந.மரகதம்
முதல்வர், வேளாளர் மகளிர் கல்லூரி, ஈரோடு.

கருத்துரை :

சான்றிதழ் வழங்குதல் :

கருத்தரங்க மைய உரை : முனைவர் சு.சுமரன்
பேராசிரியர்,
உலகத் தமிழ்க் காப்பிய ஆராய்ச்சி நிறுவனம்,
மலேசியா.

நன்றியுரை : முனைவர் ஜெ.சுமதி
உதவிப் பேராசிரியர், தமிழ்த்துறை,
வேளாளர் மகளிர் கல்லூரி, ஈரோடு.

நாட்டுப்பண் :

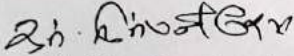
6. Brief Report of the programme:

On 13.12.2019 (Friday), Department of Tamil organized International Conference on Feminism And Decorum in World Epics. Professor S. Kumaran, an Eminent speaker from Malaysia gave the Key note Address of the International Conference. Dr.V. Renuga Devi, Professor Department of Linguistics, Madurai Kamaraj University, Madurai spoke about Language and style of five great Epics in Tamil. Next Dr.K. KamalaKannan, Assistant Professor and Head, Department of Tamil, Chikkaiah Naicker College , Erode, spoke on the Comparitive study of Kappiyam and Dravidian Tamil. Dr.K .PassumPon, Director (Retd), Ulaga Tamil Sangam, Madurai delivered his speech on the Moral values in Kappiyangal.

The afternoon session, was engaged by Dr. K.Mariappan, Assistant Professor, Tamil Language And Translation Studies, Dravidian University, Kuppam who spoke on the topic ' Culture and tradition of Kappiyangal'. Dr. R.Kurunchi Venthan, Department of Foreign Tamil Education, Tamil University, Thanjavur shared his thoughts on 'Feminism in Kappiyangal'.

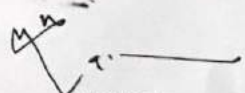
Finally feedbacks were given by the research scholars and students. Inspired students exposed themselves on the stage with their skills through speech and poetry.

Department of Tamil aimed to provoke the knowledge of Tamil Literature and to inculcate the rich heritage of Tamil language in the minds of students. The desired goal has been achieved through the International Conference. Many students learnt about many World Kappiyangal.


Head of the Department

முனைவர். ஆர். நிரமலா தேவி, பிஎச்.டி.,
தமிழ் - தலைவர்
வேளாளர் மகளிர் கல்லூரி (தன்னாட்சி)
#ரோடு - 638 012




Principal
PRINCIPAL
VELLALAR COLLEGE FOR WOMEN
(AUTONOMOUS)
ERODE - 12.

International Conference on Feminism and Decorum to Empower Women

கருத்தரங்கத் தலைவர்கள்

திரு. சா.செ.கந்தசாமி
தலைவர், வேளாளர் கல்வி நிறுவனங்கள், ஈரோடு.

திரு. செ.து.சந்திரசேகர்
செயலர், வேளாளர் கல்வி நிறுவனங்கள், ஈரோடு.

ஆலோசனைக் குழுத் தலைவர்
முனைவர் ந.மரகதம்
முதல்வர், வேளாளர் மகளிர் கல்லூரி, ஈரோடு.

கருத்தரங்க அமைப்புக் குழுவினர்

தமிழ்த்துறைய் யோசிரியர்கள்
முனைவர் ஆர். நிர்மலாதேவி
முனைவர் ஜெ. அமதி
முனைவர் கு. ஜேறமலா
முனைவர் ந.மு. கவிதா
முனைவர் ஜோ. ரமணி
முனைவர் மு.அய்யம்பாளன்
சிறுமதி. ம.ஜி. தேவிமீனாட்சி

தொடர்புக்கு

முனைவர் ஆர். நிர்மலாதேவி 99943 67069



பல்கலைக் கழக நீதிநல்கைக் குழுவின் நீதி உதவியுடன்

வேளாளர் மகளிர் கல்லூரி (தன்னாட்சி)

ஈரோடு - 12

திறன் மேம்பாட்டுற கல்லூரி (CPE)

(தேசிய மதிப்பீடு, மீள்தர நிர்ணயக் குழுவின் 'A' தகுதி பெற்றது)

தமிழ்த்துறையும்

உலகத் தமிழ்க் காப்பிய ஆராய்ச்சி நிறுவனமும்

இணைந்து நடத்தும்

**உலகக் காப்பியங்களில்
பெண்ணியமும் அறக்கோட்பாடுகளும்
பொன்னிழா சிறப்பு
பன்னாட்டு ஆய்வுக் கருத்தரங்கம்**

Golden Jubilee
INTERNATIONAL CONFERENCE ON
FEMINISM AND DECORUM
IN WORLD EPICS

நாள் : 13. 12. 2019 வெள்ளிக்கிழமை

நேரம் : காலை 9.00 மணி முதல் மாலை 5.30 மணி வரை

இடம் : கஸ்தூர்யா கலையரங்கம்

நிகழ்ச்சி நிரல்

13.12.2019 வெள்ளிக்கிழமை

பதிவு செய்தல் : காலை 9.00 மணி முதல் 10.00 மணி வரை

தொடக்க விழா : காலை 10.05 மணி முதல் 10.45 மணி வரை

இறைவணக்கம் :

வரவேற்புரை : முனைவர் ஆர். நிர்மலாதேவி
தமிழ்த்துறைத் தலைவர்,
வேளாளர் மகளிர் கல்லூரி, ஈரோடு.

அறிமுக உரை : முனைவர் மு. வேறுமலதா
தமிழ்த்துறை பேராசிரியர்
வேளாளர் மகளிர் கல்லூரி, ஈரோடு.

குத்துவிளக்கேற்றுகள் :

தலைமையுரை : திரு. செ.து.சந்திரசேகர்
செயலர்,
வேளாளர் மகளிர் கல்லூரி, ஈரோடு.

வாழ்த்துரை : முனைவர் ந.மரகதம்
முதல்வர், வேளாளர் மகளிர் கல்லூரி, ஈரோடு.

முனைவர். க. பசும்பொன்
மேனாள் இயக்குநர்,
உலகத் தமிழ்ச் சங்கம், மதுரை.

முனைவர். பி. கமலக்கண்ணன்
இணைப் பேராசிரியர் மற்றும் தமிழ்த்துறைத் தலைவர்,
சிக்கய்ய நாயக்கர் கல்லூரி, ஈரோடு.

முனைவர். இரா.குறிஞ்சிவேந்தன்
பேராசிரியர் மற்றும் தலைவர்,
அயல்நாட்டுத் தமிழ்க் கல்வித்துறை,
தமிழ்ப் பல்கலைக்கழகம், தஞ்சாவூர்

தேநீர் இடைவேளை : காலை 10.45 மணி முதல் - 11.00 மணி வரை

கருத்தங்க மைய உரை : முனைவர் ச.குமரன்
பேராசிரியர்,
உலகத் தமிழ்க் காப்பிய ஆராய்ச்சி நிறுவனம்,
மலேசியா.

சிறப்புரை : முனைவர். வி.ரேணுகாதேவி
தலைசால் பேராசிரியர், மொழியியல்துறை,
மதுரை காமராசர் பல்கலைக்கழகம், மதுரை.

முனைவர். தே. ஞானசேகரன்
தமிழ்த்துறைத் தலைவர்,
பாரதியார் பல்கலைக்கழகம், கோவை.

முனைவர். மாரியப்பன்
உதவிப் பேராசிரியர், தமிழ்த்துறை,
திராவிடப் பல்கலைக்கழகம், குப்பம், ஆந்திரா.

முனைவர். பி.பாலசுப்பிரமணியன்
தமிழ்த்துறைத் தலைவர்,
தூய ஷஞ்சுக் கல்லூரி (தன்னாட்சி), விழுப்புரம்.

சான்றிதழ் வழங்குதல் :

நன்றியுரை : முனைவர் ஜெ.சுமதி
உதவிப் பேராசிரியர், தமிழ்த்துறை,
வேளாளர் மகளிர் கல்லூரி, ஈரோடு.

நாட்டுப்பண் :



☎ : 0424 - 2244101
Mob : 99767 51115
Fax : 0424 - 2244102

VELLALAR COLLEGE FOR WOMEN (AUTONOMOUS)

"COLLEGE WITH POTENTIAL FOR EXCELLENCE"

(Re-accredited with 'A' Grade by NAAC, Bengaluru & Affiliated to Bharathiar University, Coimbatore)
Thindal, Erode - 638 012, Tamilnadu.

e-mail: principalvcw@gmail.com * website: vcw.ac.in





☎ : 0424 - 2244101
Mob : 99767 51115
Fax : 0424 - 2244102

VELLALAR COLLEGE FOR WOMEN (AUTONOMOUS)

"COLLEGE WITH POTENTIAL FOR EXCELLENCE"

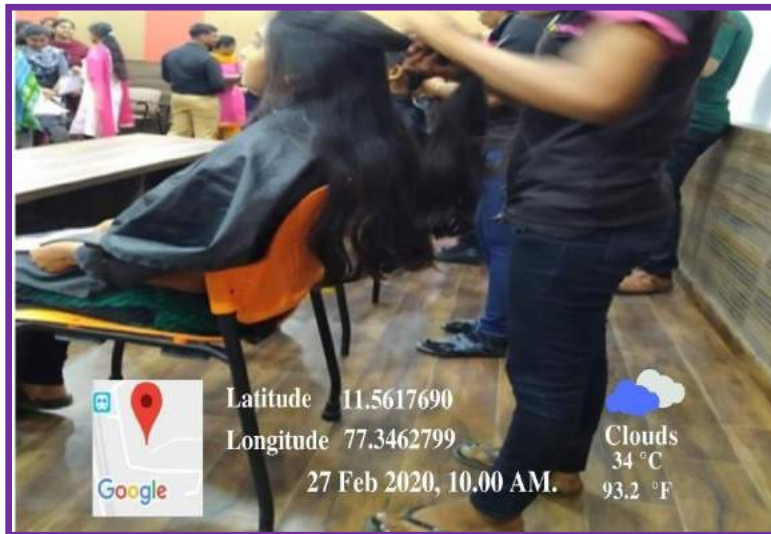
(Re-accredited with 'A' Grade by NAAC, Bengaluru & Affiliated to Bharathiar University, Coimbatore)
Thindal, Erode - 638 012, Tamilnadu.

e-mail: principalvcw@gmail.com * website: vcw.ac.in

Hair Donation Programme for Cancer Patients

On 27th Febraury 2020 a “Hair Donation programme for Cancer Patients” was conducted by NSS in collaboration with Green Trends, Coimbatore. More than 50 students were donated their hair.

All the events and programmes are organised and conducted under the guidance of the NSS Programme Officers - Dr.P.Selvi, Ms. P.Lalitha, Dr.K.Kavitha and Ms. D.Suganya.




Dr. S. JOTHIMANI M.A., M.Phil., Ph.D.,
Assistant Professor,
Department of History,
VELLALAR COLLEGE FOR WOMEN
Erode - 538 012.

Vellalar College for Women (Autonomous), Erode-12



FIT
INDIA

GOLDEN JUBILEE WEBINAR SERIES

Physical Education & Health and Wellness Club

COMMUNITY DEVELOPMENT PROGRAMME - X

Topic : Healthy Food Healthy Life

By

Dr.C.Suseela

Former Principal,
Vellalar College For Women,
Erode



Date : April 27, 2020 - 11.00 A.M.

App : GoToMeeting

Meeting ID : 903-165-437

Programme Objective: To bestow the knowledge of assorting healthy food from unhealthy food and to augment healthy eating habits to acquire a healthy lifestyle among students and community.

Programme Outcome: The program will inculcate the pertinence of consuming healthy food to enjoy a healthy life and disseminate the skill to attain a healthy lifestyle amidst students and community.

All are cordially invited, Online

Fabric Painting and Designing



**VELLALAR COLLEGE FOR WOMEN (AUTONOMOUS),
ERODE-12**

**GOLDEN JUBILEE WEBINAR SERIES
DEPARTMENT OF COSTUME DESIGN AND FASHION
STUDENTS SELF DEVELOPMENT PROGRAMME
TOPIC: FABRIC DESIGNING**

BY

**E.M.Deepthikka
II.B.Sc,
Costume Design and Fashion,
Vellalar college for Women, Erode.**



Date : 11.5.2020
Time : 2.00-3.00 pm
APP& Meeting Link : Google Meet & <http://meet.google.com>
Meeting ID : wau-msmh-hby

Programme Objective : The program aimed to provoke the young minds towards innovation and skills to be imparted towards the designing aspects.

Programme Outcome: The learners will gain the motivation and knowledge towards fabric designing techniques used for embellishing their garment.

ALL ARE CORDIALLY INVITED, ONLINE



**VELLALAR COLLEGE FOR WOMEN (AUTONOMOUS),
ERODE-12**

GOLDEN JUBILEE WEBINAR SERIES

DEPARTMENT OF COSTUME DESIGN AND FASHION

STUDENT SELF DEVELOPMENT PROGRAMME - 23

TOPIC : FABRIC CARE & STAIN REMOVAL

BY

V.Nivethitha

III.B.Sc,

Costume Design and Fashion,

Vellalar College for Women, Erode.



Date : 14.5.2020

Time : 11.00 A.M - 12.00 Noon

APP & Meeting Link : Google Meet & [htt://meet.google.com](https://meet.google.com)

Meeting ID : bie-tnfo-tdt

Programme Objective: To impart knowledge about the clothing care in day to day life.

Programme Outcome: To gain knowledge towards fabric care and stain removal methods.

ALL ARE CORDIALLY INVITED, ONLINE

Launching of Face Mask and Sanitizer



Vellalar College for Women (Autonomous), Erode-12
Department of Costume Design and Fashion (CDF)

Launching

“FACE MASK”

(INTERLOCK, PLATED KNITTED FABRIC)

Product of CDF



DATE : 19.6.2020

TIME : 10.15 AM

VENUE : VCW

Washable and Reusable

ALL ARE CORDIALLY INVITED

Stay Safe, Stay Healthy

VELLALAR COLLEGE FOR WOMEN (AUTONOMOUS), ERODE-12



TYCOON (Business Administration) ASSOCIATION

COVID 19 - STOP THE SPREAD



DISPOSABLE FACE MASK

- Thinner material
- Rectangular shape
- Only able to filter large particles of around 10 microns
- Suitable for general situations to prevent spread of disease



KN95 MASK

- Able to filter up to 95 percent of finer particles of dust and pollution
- Able to filter materials measuring 2.5 microns or more
- Can only be used for 6 to 8 hours



Vogmask

- Able to protect people from fine particles measuring 0.254 microns
- Should be washed by hand using water and liquid soap, then let to dry completely
- Should be replaced every 5 to 6 months



FOR YOUR SAFETY
PLEASE WEAR A MASK





☎ : 0424 - 2244101
Mob : 99767 51115
Fax : 0424 - 2244102

VELLALAR COLLEGE FOR WOMEN (AUTONOMOUS)

"COLLEGE WITH POTENTIAL FOR EXCELLENCE"

(Re-accredited with 'A' Grade by NAAC, Bengaluru & Affiliated to Bharathiar University, Coimbatore)

Thindal, Erode - 638 012, Tamilnadu.

e-mail: principalvcw@gmail.com * website: vcw.ac.in

2019-2020



**VELLALAR COLLEGE FOR WOMEN (AUTONOMOUS),
ERODE – 12**

College with Potential for Excellence
An ISO 9001:2015 Certified Institution
(Re-accredited with 'A' Grade by NAAC and Affiliated to Bharathiar University, Coimbatore)
UGC - PARAMARSH - MENTOR INSTITUTION

**GOLDEN JUBILEE WEBINAR SERIES
DEPARTMENT OF E-COMMERCE**

Organizes
International Webinar on

**STAY HEALTHY
HAPPY**



RESOURCE PERSON

Dr. Senthil Senniappan

MBBS, MD, MRCP, FRCP, Ph.D.,
Consultant Paediatric Endocrinologist
& Senior Lecturer
Liverpool, UK.

Date : 04.07.2020

Time : 3:00 p.m.

Google Meet ID : <https://meet.google.com/xop-gboh-dmj>

ALL ARE CORDIALLY INVITED, ONLINE



☎ : 0424 - 2244101
Mob : 99767 51115
Fax : 0424 - 2244102

VELLALAR COLLEGE FOR WOMEN (AUTONOMOUS)

"COLLEGE WITH POTENTIAL FOR EXCELLENCE"

(Re-accredited with 'A' Grade by NAAC, Bengaluru & Affiliated to Bharathiar University, Coimbatore)
Thindal, Erode - 638 012, Tamilnadu.

e-mail: principalvcw@gmail.com * website: vcw.ac.in

Sanitizer Manufacturing





☎ : 0424 - 2244101
Mob : 99767 51115
Fax : 0424 - 2244102

VELLALAR COLLEGE FOR WOMEN (AUTONOMOUS)

"COLLEGE WITH POTENTIAL FOR EXCELLENCE"

(Re-accredited with 'A' Grade by NAAC, Bengaluru & Affiliated to Bharathiar University, Coimbatore)
Thindal, Erode - 638 012, Tamilnadu.

e-mail: principalvcw@gmail.com * website: vcw.ac.in

Sanitizer Launching Event



International Webinar on Breast Feeding for a Healthier Planet



VELLALAR COLLEGE FOR WOMEN (AUTONOMOUS) ERODE-12, TAMIL NADU

College with Potential for Excellence
(Re-accredited with 'A' Grade by NAAC & Affiliated to Bharathiar University ,Coimbatore-46)
AN ISO 9001:2015 CERTIFIED INSTITUTION
UGC-PARAMARSH-MENTOR INSTITUTION

"INTERNATIONAL WEBINAR SERIES"

"World Breastfeeding Week"

(August 1-7,2020)

"One Week Awareness Programme" Theme: "Support Breastfeeding For A Healthier Planet"

Organized by
Department Of Nutrition and Dietetics



Objective: The programme aims to highlight the huge benefits that the Breastfeeding can bring to the health and welfare of babies, as well as a wider push for maternal Health, focusing on good nutrition, poverty reduction and food security.

Outcome: Provides awareness and galvanize action on themes related to breastfeeding as a Public health Intervention and the interconnected nature of people and planet which requires to find sustainable solutions that benefit both.

All are Cordially Invited, Online

Registration Link: <https://forms.gle/wmgSvmMofHoX5Gm88>

Mode: Through Google Meet

Date: 01.08.2020 to 07.08.2020

Note: Meeting id will be sent only to the registered participants



☎ : 0424 - 2244101
Mob : 99767 51115
Fax : 0424 - 2244102

VELLALAR COLLEGE FOR WOMEN (AUTONOMOUS)

"COLLEGE WITH POTENTIAL FOR EXCELLENCE"

(Re-accredited with 'A' Grade by NAAC, Bengaluru & Affiliated to Bharathiar University, Coimbatore)
Thindal, Erode - 638 012, Tamilnadu.
e-mail: principalvcw@gmail.com * website: vcw.ac.in

DEPARTMENT OF FOODS & NUTRITION

World Breastfeeding Week Celebration - Aug 2020

(01.08.2020 - 07.08.2020)

Date	Time	Resource person	Topic
01.08.2020	10.00 am to 11:00 am	Ms.R.Shri Sarumathi Ms.G.Bhavatharani II M.Sc.(F&N)	Physiology of Lactation Nutrition during Lactation
02.08.2020	10.00 am to 11:00 am	Ms.K.Akshaya & Ms.B.Ilakkiya II M.Sc.(F&N)	Immunological factors in Breastfeeding
03.08.2020	10.00 am to 11:00 am	Ms.D.Gowsalya II M.Sc.(F&N)	Psychological factors affecting Lactation
04.08.2020	10.00 am to 11:00 am	Ms.R.Shanmuga Jaya Priya II M.Sc.(F&N)	Components of breast milk compared with other milks
05.08.2020	10.00 am to 11:00 am	Ms.T.Ranjani Ms.S.Monika II M.Sc.(F&N)	Factors affecting milk production Problems encountered in artificial feeding
06.08.2020	10.00 am to 11:00 am	Ms.R.Rajeswari Ms.G.Vaishnavi II M.Sc.(F&N)	Benefits of breastfeeding to infants Position and techniques of breastfeeding

Business Challenges in Young Entrepreneurship



VELLALAR COLLEGE FOR WOMEN (Autonomous), ERODE -12

College with Potential for Excellence

AN ISO 9001:2015 CERTIFIED INSTITUTION

(Re-accredited with "A" Grade by NAAC and Affiliated to Bharathiar University, Coimbatore)

UGC PARAMARSH - MENTOR INSTITUTION

ENTREPRENEURSHIP DEVELOPMENT CELL Webinar on

INNOVATION & CREATIVITY - A BACKBONE FOR AN ENTREPRENEUR



RESOURCE PERSON

Jc.B.Saravana Kumar

Proprietor

Thulir Furniture Inc

Erode



DATE & TIME : 15.09.2020 & 2.00 PM

MEETING LINK : <http://meet.google.com/igu-rncc-qjw>

PROGRAMME OBJECTIVE :

To foster the crucial need for innovation and creativity in the present business environment

PROGRAMME OUTCOME :

Augments the learning of various innovative and creativity techniques practised by the entrepreneurs

ALL ARE CORDIALLY INVITED - ONLINE

Effective Research Writing



VELLALAR COLLEGE FOR WOMEN (AUTONOMOUS), ERODE-12

College with Potential for Excellence

(Reaccredited with "A" Grade by NAAC & Affiliated to Bharathiar University, Coimbatore)

2020-2021

RESEARCH CONCLAVE & RESEARCH SCHOLARS CIRCLE

MADAME CURIE WEBINAR INITIATIVE – SERIES II

Organizes

WEBINAR ON

Basics of Statistical Tools

Resource Person : **Dr. R. Parvathi**
Associate Professor and Head
Department of Mathematics
Vellalar College for Women, Erode.



Date & Time : **07.11.2020 (2 p.m. - 3 p.m.)**

App : Google Meet

Meeting Link : meet.google.com/nsx-xvhz-wso

Programme Objectives:

- ✓ To enable the use of statistical techniques

Programme Outcomes:

- ✓ Describe the concepts of tools used in statistical analysis

ALL ARE CORDIALLY INVITED- ONLINE



VELLALAR COLLEGE FOR WOMEN (Autonomous), Erode-12

College with Potential for Excellence

(Reaccredited with 'A' Grade by NAAC & Affiliated to Bharathiar University, Coimbatore)

RESEARCH CONCLAVE & RESEARCH SCHOLARS CIRCLE
MADAME CURIE WEBINAR INITIATIVE- SERIES II

Organizes

WEBINAR ON

TOOLS FOR EFFECTIVE RESEARCH WRITING

Resource Person:

Dr.S. Akila M.C.A.,M.Phil.,Ph.D,

Assistant Professor,

Department of Computer Science,

Vellalar College for Women,

Thindal.



Programme Objectives: To familiarize the participants with a wide variety of research tools.

Programme Outcome : Participants will identify the best tool for effective research writing.

Date : 09.11.2020

Time : 2.00 pm-3.00pm

App : Google Meet

Link : <https://meet.google.com/rnn-eeepm-avu>

ALL ARE CORDIALLY INVITED - ONLINE



☎ : 0424 - 2244101
Mob : 99767 51115
Fax : 0424 - 2244102

VELLALAR COLLEGE FOR WOMEN (AUTONOMOUS)

"COLLEGE WITH POTENTIAL FOR EXCELLENCE"

(Re-accredited with 'A' Grade by NAAC, Bengaluru & Affiliated to Bharathiar University, Coimbatore)

Thindal, Erode - 638 012, Tamilnadu.

e-mail: principalvcw@gmail.com * website: vcw.ac.in

Department of Commerce



Unveiling India as an Innovation Hotspot

Devising and implementing a spurt of distinctive and demanding field-specific enterprises, the department familiarizes the students with widening avenues of opportunities in the career-oriented world.

Striving to be ahead of the curve, 'Zyno Zeal', Commerce Association, organized a special meeting on 02.02.2018. Ms. Usha Ramakrishnan, Director, Global Adjustments Foundation, Chennai, addressed the Commerce and History students on "Rise in Life and Love".

In an effort to validate the learning activities like presentation, mind mapping, brain storming, a guest lecture on "Activity Based Learning" was conducted on 01.07.2017, with Dr.V.Santhi, Head of Department of Humanities, PSG College of Technology, Coimbatore as the distinguished resource person.

A two day UGC funded guest lecture on Logical Reasoning, Numerical Reasoning and Quantitative Aptitude was organized on 26.02.2018 and 27.02.2018. The resource person Mr. N. Loganathan, Mullai Academy, Erode, dealt with Logical Reasoning, Numerical Reasoning and Quantitative Aptitude.

A UGC funded guest lecture on 'E-Banking Services' was arranged on 08.03.2018. Mr. N.Uday Kumar, Officer Scale-1, Bank of Baroda, Thindal, was the resource person who sensitized the students on the Recent Trends in E-banking services such as Mobile banking, RTGS, NEFT and Internet Banking.

The association also conducted essay and oratorical competitions on 'Impact of Advertising on the Society' and 'Impact of Demonetization on Indian Economy' respectively accompanied by quiz competition.

'Strategies of Economic Reformation and Digital Transformation: Unveiling India as an Innovation Hotspot', a UGC funded State Level Symposium was organized on 01.09.2017. Dr. V.Balaji, Principal, Salem Sowdeswari College, Salem, focused on curbing illegal transactions through digital transformation and recent trends in digital transformation facilities.



☎ : 0424 - 2244101
 Mob : 99767 51115
 Fax : 0424 - 2244102

VELLALAR COLLEGE FOR WOMEN (AUTONOMOUS)

"COLLEGE WITH POTENTIAL FOR EXCELLENCE"

(Re-accredited with 'A' Grade by NAAC, Bengaluru & Affiliated to Bharathiar University, Coimbatore)
 Thindal, Erode - 638 012, Tamilnadu.

e-mail: principalvcw@gmail.com * website: vcw.ac.in



Talents Acknowledged



An Artistic Display at College Bazaar



Exploring New Vistas: Activity Based Learning



On Rise in Life and Love



Rejuvenating the Teachers



An Aspire to Achieve Venture



Enthralling Expo



Multi-skills to be Multi-faceted



E-Banking Services Made Easy

In Technical Session I, Er.D.Venkateswaran, Business Partner, Venbro Polymers, Erode, provided a vivid detail on 'Cash to Cashless Economy: Challenges and Opportunities'. In Technical Session II, CA.M.Ramesh, Chartered Accountant, M/S Narayanan & Ramesh, Erode, delivered an enlightening speech on 'GST: Implications on Retail Sector'. Participants from various colleges in the district were benefited.

A Two day (2.3.2018 and 3.3.2018) Workshop on "Aspiration to Achievement (A2A)" was organised, with vivacious resource persons viz. Mrs. Usha Ramakrishnan, Director, Global Adjustments Foundations, Chennai, and Mrs.Janani Nagarajan, Trainer & Social Media Specialist, Global Adjustments Foundation, Chennai, who deliberated on the significance of SWOT Analysis, Emotional Intelligence, Relationship Management and Preferences in Life & Life Partnership.

Faculty members of Commerce, Economics, Commerce with Computer Applications and E-Commerce, Corporate Secretaryship, Co-operation, and Business Administration with Computer Applications attended an Orientation and Retraining Programme on "Education Beyond Academics" structured on 03.02.2018 under the UGC Autonomous Fund, discoursed by Mrs.Usha Ramakrishnan, Director, Global Adjustments Foundation, Chennai.



☎ : 0424 - 2244101
Mob : 99767 51115
Fax : 0424 - 2244102

VELLALAR COLLEGE FOR WOMEN (AUTONOMOUS)

"COLLEGE WITH POTENTIAL FOR EXCELLENCE"

(Re-accredited with 'A' Grade by NAAC, Bengaluru & Affiliated to Bharathiar University, Coimbatore)
Thindal, Erode - 638 012, Tamilnadu.

e-mail: principalvcw@gmail.com * website: vcw.ac.in



DEPARTMENT OF NUTRITION & DIETETICS

Intending to beget knowledge on balanced dietary and hygienic living, the department supplements a series of fitness oriented activities to the aspiring nutritionist.

A modish platform was provided by Mrs. Janani Tamilvanan, Founder and CEO, Geneobe Wellness, Coimbatore, in a special meeting on 26.07.2017, in which she addressed on "The Coming Age of Personalised Nutrition", for about 141 Students. World Breast Feeding Week was celebrated on 1.08.2017 and Mrs. P. Shanthi, Child Development Project Officer, Integrated Child Development Services, Department of Social Welfare and Nutritious Meal Programme, Govt. of Tamilnadu, Tirupur (Rural), delivered a special talk on "Breast Feeding: An Universal Approach".

To endorse social awareness about food wastage and social isolation, a special meeting was conducted on 28.12.2017, with Chef. G. Rajesh Kumar, Head and Assistant Professor, Department of Catering Science and Hotel Management, Kongu Arts and Science College (Autonomous), Erode, who lectured on the topic "Food and Soul". On 06.07.2017, a UGC Funded Guest Lecture was arranged with Dr. Yamunadevi Puraikalan, Assistant Professor, College of Health Sciences, Department of Nutrition Science, Dominican University, Illinois, USA, who handled Session-I & II on the topics "Smart Shaping of Future Nutritionist in Global Scenario" and "The Road to Become Dietician in USA" respectively.

To tap out the sprouting talents of the aspirants, cookery competition based on "ASHGOURD" and poster presentation on "Outcome of Clean India on Nutrition" was held on 8.9.2017. A One Day UGC funded Workshop on Nutrioptimizer: Diet Optimization by Using Linear Programming was conducted on 17.8.2017 to mould the students in tune to the objective of the department.





☎ : 0424 - 2244101
Mob : 99767 51115
Fax : 0424 - 2244102

VELLALAR COLLEGE FOR WOMEN (AUTONOMOUS)

"COLLEGE WITH POTENTIAL FOR EXCELLENCE"

(Re-accredited with 'A' Grade by NAAC, Bengaluru & Affiliated to Bharathiar University, Coimbatore)
Thindal, Erode - 638 012, Tamilnadu.

e-mail: principalvcw@gmail.com * website: vcw.ac.in

Co-ordinators

Dr. N. Sabitha
Department of Nutrition & Dietetics
Ms. B. Shanthi
Department of Co-operation



Inauguration of Silver Jubilee
Celebration of National Commission for Women



Dr. Karanaghi Bhagyannathan IAS, Initiating the Rally



Mrs. Sowndarya,
Chartered Accountant, Bangalore

To stress on the importance of Menstrual Hygiene and usage of sanitary napkins, an awareness campaign on "Dignity in Hygiene Care" was organized on 05.10.2017. Dr. N. Maragatham, Associate professor of N&D highlighted the necessity of Personal Hygiene and its major components. An awareness programme "Women Empowerment through Agriculture" at Thingalur, was organized on 07.10.2017, in which Mrs. A. Menaka Devi, Assistant Professor of Cooperation, Vellalar College for Women, underscored the crucial role played by women in the rural economies of both developed and developing countries.

A special programme on 'Banking Services', was conducted on 13.10.2017. Mrs. R. Mythili, Assistant Professor of Computer Technology and Mrs. P. S. Kayalvizhi, Assistant Professor of Mathematics, through their lucid address on various types of Banking and Customer Care, made bank transactions easier. They also shed light on the scheme Sukanya Samridhi specifically meant for girl children.

Under the aegis of National Commission for Women, New Delhi, a programme on 'Awareness about Legal Rights for Women' was organized underlining the rights of women in India, enumerating and elucidating the enactments implemented for the welfare and protection of women.

The women empowerment cell conducted on 31.10.2017. 194 students participated and the winners were awarded with cash prizes. On 23.01.2018, the cell in association with The National Commission for Women, organized an awareness rally from The Indian Public School to Vellalar College for Women, Thindal, on women empowerment. The 25th Anniversary of National Commission was celebrated by Erode District Social Welfare Association. Mr. S. Prabhakar, the District Collector, Mr. R. Sivakumar, Superintendent of Police and Mrs. R. Ambika, Erode District Social Welfare Officer were present. Dr. Mrs. Kannaghi Bhagyannathan, President of State Commission for Women, stressed that women should make their voice be heard either through women commission's website or helpline 1091. Mr. S. Prabhakar, Erode District Collector, insisted that women should be committed, focused and diligent to achieve their goals.

The members participated in "ARDRA" - a students' meet organized on 30.01.2018, at Kongu Engineering College, Perundurai and won prizes. On 8.03.2018, International Women's Day was celebrated, Dr. Kavitha Ganapathy, Gynaecologist, Sholai Hospital, Erode, dwelt at length on mind, health, importance of exercise and insisted on avoiding unapproved packed foods. Mrs. Sowndarya, Chartered Accountant, Bangalore, emphasized on self-dependency of women and in working hard for their passion.



A Claim for Women Rights



Health & Hygiene Focus



International Women's Day Festivity
Dr. Kavitha Ganapathy, Gynaecologist, Speaker