

EXTENSION ACTIVITIES REPORT

2017-2018

Number of Extension Activities: 58

VELLALAR COLLEGE FOR WOMEN (AUTONOMOUS)

DEPARTMENT OF ENGLISH (SF)

EXTENSION ACTIVITY (2017 – 2018)

An extension activity was carried out at Erode Arima Society Trust for the students of classes I – IX on 23.09.2017 & 07.10.2017. The session is on “Grammar class for School students”. Twelve students from II PG, III UG, I PG volunteered themselves and actively taught the inmates of the Trust the basics of grammar through play-way method and motivated them under the guidance of 3 staff members. Nearly 66 students got benefited.

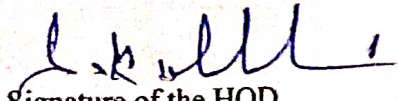
Name of the Staff Members

1. Mrs.S.Priya
2. Mrs.D.Leena
3. Mrs.S.Vanitha

Name of the Students

1. C.K.Abinaya -I-MA ENGLISH LITERATURE
2. P.Kalaipriya -I-MA ENGLISH LITERATURE
3. V.Nivethashre -II-MA ENGLISH LITERATURE
4. B.Sowndarya -II-MA ENGLISH LITERATURE
5. K.Nandhini- III-BA-ENGLISH LITERATURE-B
6. R.Rakshanapriya- III-BA-ENGLISH LITERATURE-B
7. M.Sindhu- III-BA-ENGLISH LITERATURE-B
8. T.Tharanaya- III-BA-ENGLISH LITERATURE-B
9. V.Subha I-MA ENGLISH LITERATURE
- 10.S.Saranya I-MA ENGLISH LITERATURE
11. R.Vijayalakshmi I-MA ENGLISH LITERATURE
12. M.Vanmathi I-MA ENGLISH LITERATURE

No. of Beneficiaries: 60


Signature of the HOD
**DEPARTMENT OF ENGLISH (SF),
VELLALAR COLLEGE FOR WOMEN,
(AUTONOMOUS), ERODE - 9.**

VELLALAR COLLEGE FOR WOMEN (Autonomous)
(Re Accredited with A Grade by NAAC)
'College with Potential for Excellence'
ERODE - 12

DEPARTMENT OF CHEMISTRY
DBT- STAR College Scheme

OUTREACH PROGRAMME - 22.03.2018- Molapalayam Village

'Organic Farming and Organic Manure Preparation'

Department of Chemistry, Vellalar College for Women and "Uyir-Association of Farmers of Organic Farming" jointly organized an awareness programme on 'Organic farming and organic manure preparation' at Molappalayam village on 22.03.2018 from 9.30am to 4.30pm. This programme was intended to orient farmers towards organic farming.

In the inaugural session of the programme, Mrs.C.Vasanthadevi, Associate professor and Head, Department of Chemistry, Vellalar College for Women welcomed the gathering. Mr.S.D.Chandrasekar, Secretary, Vellalar Educational Trust presided over the programme. Special address on organic farming were given by Mr.C.Nallasamy, Joint Secretary, Vellalar Educational Trust, Mr.R.Ravichandran, Mr.K.Thirugnanasambandam and Mr.K.Senthinadhan, the President, Managing Director and Head Trainer respectively of 'Uyir-Association of Farmers of Organic Farming.

In the training session the members of 'Uyir-Association of Farmers of Organic Farming' trained the students and farmers on preparation of various organic manure. Mr.Kadirvel demonstrated the preparation of Peejamirtham. Mr.Senthil demonstrated the preparation of Moodakku and Pazha EM. Mr.Velusamy explained how to prepare the soil for organic farming and also explained the preparation of Kanajeevamirtham. The preparation of Jeevamirtham, Panchakavyam and Morekkaraisal were demonstrated by Mr.Eswaran. Further the preparation of Meenamulam, Moongil EM, Pathu Elaikasayam, 3G, Aloe vera-Pirandai Kasayam, Aggini Asthiram were also demonstrated. The procedure for application of

micronutrients was also demonstrated. Finally, Mr.S.Varatharaj, Secretary, Uyir-Association of Farmers of Organic Farming proposed the vote of thanks.

Seventy farmers from in and around Molapalayam, four faculty members and thirty six students of the Department of Chemistry, Vellalar College for Women attended the programme and got benefitted. This programme proved to be an eye opener for the farmers on the importance of organic farming and how to switch over for it avoiding inorganic fertilizers and insecticides etc that lead to severe health and environmental issues.

Balra
Department Coordinator
(DBT-STAR programme)

C. Vasanthadevi
22/3/2018
Head of the Department
H.O.D OF CHEMISTRY
Vellalar College for Women (Autonomous)
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[Signature]
26/3/18
Principal
PRINCIPAL
VELLALAR COLLEGE FOR WOMEN
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YOUTH RED CROSS SOCIETY

Blood Donation Camp -14.09.2018

REPORT

In commemoration of the Founders' Day of Vellalar Educational Trust, a “**Blood Donation Camp**” was jointly organized by National Service Scheme and Youth Red Cross Society on **14.09.2018**. The YRC volunteers and the members of teaching and non-teaching staff donated **84** units of blood to the Government Hospital, Erode. After the successful blood donation, all the donors received the appreciation certificates for their humanity.

P. C. Kousalye .

Dept. of Nutrition And Dietetics,
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VELLALAR COLLEGE FOR WOMEN (AUTONOMOUS), ERODE

DEPT. OF FOODS AND NUTRITION

EXTENSION ACTIVITY – NUTRITION AWARENESS PROGRAMME ON 11.08.2017

Nutritional awareness and education regarding sanitation and hygiene was given by our II M.Sc. Foods and Nutrition students at Ponampalayam Village, Erode in collaboration with NSS units. Around 60 community people and Govt. primary school children were benefited through this programme. Twenty II M.Sc. Foods and Nutrition students were actively participated and gave awareness using posters and charts. They also conducted games among the school children to make them active participation in the programme.



P. Indumathy

Signature of the HoD

Dr. P. Indumathy, M.Sc., M.Phil., Ph.D.,
Associate Professor & Head,
Department of Foods & Nutrition,
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VELLALAR COLLEGE FOR WOMEN (AUTONOMOUS)

ERODE – 12

DEPARTMENT OF BIOCHEMISTRY

23.07.2017

Details of Activities

1.	Name of the College	Vellalar College for Women
2.	Organized Department	Biochemistry
3.	Purpose	Extension Activity – Blood Group Identification Camp
4.	Outcome/Brief Report of the Programme	

Brief report of the programme

The blood grouping is very important when it comes to having a blood transfusion. If blood is given to a patient that has a blood type that is incompatible with the blood type of the blood that the patient receives, it can cause intravenous clumping in the patient's blood which can be fatal. If two different blood types are mixed, it can lead to a clumping of blood cells that can be potentially fatal.

Vellalar College For Women on behalf of Department of Biochemistry have conducted "FREE BLOOD GROUPING CAMP" among public as an Extension activity in association with Volunteers For H.O.U.S.E Trust, Erode & Erode Acchutha Eye Care Hospital, Erode at Government Elementary School at Karapparai on 23.07.2017. Nearly 110 public and school children have been benefited in this camp and gained information of their blood group.

Staff incharge :

Mrs. G. Sangeetha Devi

Assistant Professor of Biochemistry

Vellalar College for Women, Thindal, Erode.12

Head of the Department :



VELLALAR COLLEGE FOR WOMEN (AUTONOMOUS)

ERODE – 12

DEPARTMENT OF BIOCHEMISTRY

06.01.2018

Details of Activities

1.	Name of the College	Vellalar College for Women
2.	Organized Department	Biochemistry
3.	Purpose	Extension Activity – Blood group identification Camp
4.	Outcome/Brief Report of the Programme	

Brief report of the programme

Identifying blood group is important for blood transfusion. ABO and Rh blood group must be compatible between the donor blood and patient blood. If they are not, the red blood cells from the donated blood will clump or agglutinate. The agglutinated red cells can clog blood vessels and stop the circulation of the blood to various parts of the body. The agglutinated red blood cells also crack and its contents leak out in the body.

Vellalar College For Women on behalf of Department of Biochemistry have conducted “BLOOD GROUPING CAMP” among public as an Extension Activity in association with Volunteers For H.O.U.S.E Trust, Erode & Acchutha Eye Care Hospital, Erode at Government Higher Secondary School at Kumilankuttai on 06.01.2018. Nearly 90 publics and school children have been benefited by this camp and gained information about their blood group.

Staff incharge :

Mrs. G. Sangeetha Devi

Assistant Professor of Biochemistry

Vellalar College for Women, Thindal, Erode.12

Head of the Department :

09.08.2017 - Issued Deworming tablets

The Department has organized an event on **National Deworming day** on 09.08.2017. The department has issued **100** Deworming tablets to the general public at Thindal.

R Sangeetha

R. SANGEETHA M.C.S., M.Phil., M.B.A
Assistant Professor,
Department of Corporate Secretaryship,
Vellalar College for Women (Autonomous),
Erode - 638 012

06/09/2017 – Awareness on Save Water and Save Earth

Citizen Consumer Club student distributed 75 pamphlets to the people at Chithode
06/09/2017 to enhance awareness on “Save Water Save Earth”.

R. Sangeetha

R. SANGEETHA M.C.S., M.Phil., M.B.A
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VELLALAR COLLEGE FOR WOMEN (AUTONOMOUS)
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TRAINING PROGRAM ON "SEED BALL PREPARATION FROM DIFFERENT KINDS OF SEEDS"

On 26th August 2017, the Enviro-club of Vellalar College for Women had organized a Training Program entitled "Seed Ball preparation from Different kinds of Seeds". The earth balls preparation are a great permaculture technique for growing seed in a more simple and effective way. Each seed ball contains a mini ecosystem and the dried outer clay acts as a protective casing from common seed predators. When sufficient rain permeates the clay, the seeds inside begin to germinate - helped along by the nutrients and minerals contained within the balls. In order to emphasize the importance of growing plants, the Enviro club co-ordinators gave training to Enviro-club volunteers of Botany and other disciplines. In this programme for about 200 students are participated and prepared seed balls - the methodology of natural farming with the materials like fresh cowdung, clay soil, red soil and many seeds like neem seeds, tamarind seeds, pomegranate seeds etc., to conserve plants. Further, this training will enable the students to grow plants with seed balls by investing less time and money than traditional seed sowing techniques.

Enviro-club Co-ordinator



Dr.S. SHARMILA, M.Sc.,M.Phil.,Ph.D.,
Assistant Professor of Botany
Vellalar College for Women (Autonomous)
ERODE - 638 012.



FROM DIFFERENT KINDS OF SEEDS”

On 26th August 2017, the Enviro-club of Vellalar College for Women had organized a Training Program entitled “Seed Ball preparation from Different kinds of Seeds”. The earth balls preparation are a great permaculture technique for growing seed in a more simple and effective way. Each seed ball contains a mini ecosystem and the dried outer clay acts as a protective casing from common seed predators. When sufficient rain permeates the clay, the seeds inside begin to germinate - helped along by the nutrients and minerals contained within the balls. In order to emphasize the importance of growing plants, the Enviro club co-ordinators gave training to Enviro-club volunteers of Botany and other disciplines. In this programme for about 200 students are participated and prepared seed balls - the methodology of natural farming with the materials like fresh cowdung, clay soil, red soil and many seeds like neem seeds, tamarind seeds, pomegranate seeds etc., to conserve plants. Further, this training will enable the students to grow plants with seed balls by investing less time and money than traditional seed sowing techniques.

Enviro-club Co-ordinator


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FARM VISIT TO JAINS IRRIGATION & ECO TRIP TO THIRUMOORTHY FALLS, UDUMELPET

The Enviro club of Vellalar College for Women has organized farm visit to Jain Irrigation System Ltd. on 23.09.17 often known as JISL located in Udumalpet. Dr. Sundar Singh, Chief Agronomist has explained about the history of Jain irrigation system Ltd., He told that at first it was started in 1963 in Maharashtra and now it spread to all over the world. In the farm house many varieties of plants are cultivated using the drip irrigation system. Dr. Gobreal Manogar, a scientist in tissue culture unit was spoken about the varieties of banana and pomegranate cultivated in tissue culture lab and then how it is transplanted in main field. The drip irrigation engineer Mr. Sivakumar lively explained about type of drip irrigation and how it is working. In farm house mostly cultivating *Mangifera indica*, *Citrus* sp., and *Punicagranatum* latter they are exported to various places. On the same day, cleaning activities were carried out at Amaravathi Dam and Thirumoorthy falls near Udumalpet. The enviro club volunteers cleaned the wastes like plastic papers and polythene bags from the water bodies and finally disposed the collected wastes.

Enviro-club Co-ordinator


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CLEANING PROGRAM & SEED BALL PLOW IN BARE LANDS, GANAPATHIPALAYAM

Enviro-club of Vellalar College for Women organized a cleaning programme and seed ball plow on 12.12.2017. A technique of planting trees by embedding organic seed balls in the ground, seed bombing is gaining popularity in many Indian cities. The volunteers of the Enviro-club team conducted the cleaning and seed ball plowing at Ganapathipalayam in the view of creating awareness among people in the surrounding areas and also mobilize the students for creating forestation.

Enviro-club Co-ordinator


Dr.S. SHARMILA, M.Sc.,M.Phil.,Ph.D.,
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HEALTH VISIT TO SKM SIDDHA AND AYURVEDHA COMPANY, SAMINATHAPURAM & KOSALAI, SAVADIPALAYAM

The Enviro-club volunteers of Vellalar College for Women were taken to SKM Siddha and Ayurvedha Company Ltd., Saminathapuram on 30.12.2017. Mr. M. Visvanath, Manager-QC gave a brief explanation about siddha, ayurvedha and unani products manufactured by using herbal plants, seeds and oils. He delivered a visual explanation about Chooranam (powder), Capsules and Thailam (Oil) preparation. In the SKM medicinal garden, the medicinally important plants like *Aloe barbadenses*, *Solanum* sp., *Lippianodiflora*, *Murrayakoengii*, *Citrus*, *Emblica officinalis*, *Punicagranatum*, Thaalam poo, Nochi, *Mangiferaindica*, *Adathodavasica* are mostly cultivated. The cultivated plants are harvested and dried in shed at 100°C. Then the production of medicines are done in the distillation room by various methods and stored in separate room for few days and they are packed for sale. On the same day students visited Cosalai near to SKM Company. In Cosalai there are different breeds of cows were maintained.

Enviro-club Co-ordinator

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GUEST LECTURE ON RAIN WATER HARVESTING AND WATER MANAGEMENT

On 24th February 2018, the Enviro-club of Vellalar College for Women had organized a Guest lecture program entitled "Rainwater harvesting and water management" for 100 Enviro-club members. Dr.S. Paulsamy, Associate Professor & Head (Rt.), Department of Botany, Dean, Academic and R&D, Kongunadu Arts and Science College, Coimbatore had addressed the students and gave enlightening speech about rain water harvesting methods. The Enviro-club volunteers had an interactive session with the chief guest and clarified their doubts. Finally prominence on recycling methods was demonstrated with practical applications. Students were fortunate to hear such an edifying speech.

Enviro-club Co-ordinator

Dr.S. SHARMILA, M.Sc.,M.Phil.,Ph.D.,
Assistant Professor of Botany
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Vellalar College for Women, Erode- 12.

Biodiversity Club

2017-2018

International Tigers Day

International Tigers Day was observed on 29th of July every year. The theme of the 2017 celebration is “Fresh ecology for Tigers protection”. To generate awareness regarding the dwindling population of the species the tiger’s day was celebrated. The day is observed to mark the declining population of tigers across the globe. In the college premises 65 students participated in the programme arranged by the club and the activities include rakhi tying, displayed placards and taking oath to preserve the species. The programme enlightened the young minds towards the conservation of the iconic species



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Assistant Professor
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Vellalar College for Women, Erode- 12.

Biodiversity Club

2017-2018

Visit to Organic Farm

Organic farming is an alternative agricultural system which continues to be developed by various organic agriculture organizations today. To understand the importance of organic farming an ecoawareness programme was organized on 03.03.2018 to Sathyamangalam with 22 student members from the club. The main objective of the visit is “Seeing is believing”. Information collected from the farm operator personally will motivate and guide the students on organic farming. The students gained more information about the preparation of organic liquid fertilizers, natural repellents, panchakavya, organic manure etc. They also visited the vermicompost pit and learnt the procedure of composting methods and vermicompost preparation.



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06/09/2017 – Awareness on Save Water and Save Earth

Citizen Consumer Club student distributed 75 pamphlets to the people at Chithode
06/09/2017 to enhance awareness on “Save Water Save Earth”.

R. Sangeetha

R. SANGEETHA M.C.S., M.Phil., M.B.A
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15/08/2017 – Independence Day celebration

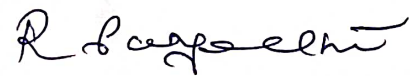
On 15/08/2017 the Independence Day celebrations were held at Thiyagi Eswaramurthy Old Age Home, Pavalathampalayam to instil the tendency of rendering service to the society in the minds of student members, whereby they offered donations generously to meet the needs of groceries and other provisions to 55 needy people.



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19/09/2017 - Awareness programme on LMCTs App

A meeting organised on 19/09/2017 with Chief Guests **Mr.Murgesan** and **Mr.FroseAhamed**, Assistant Inspectors of Labour, Labour Department, Government of India, Erode, shared their views on "LMCTs APP" to 130 students.



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27/09/2017 - Clean India Campaign at Kodivery

The Citizen Consumer Club executed the “Swatchh Bharat Abhiyan” programme at **Kodivery Dam**, Gobichettipalayam, on **27/09/2017** with **25** students. Common public around 100 were benefited.



R. Sangeetha

Staff In charge /Club Coordinator

R. SANGEETHA M.C.S., M.Phil., M.B.A
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15/12/2017 - Programme on Food Safety and Standards Act

A special Meeting on "Food Safety and Standards Act" was convened on 15/12/2017. The Chief Guest Dr.T.Kalaivani, The designated officer, Tamilnadu Food Safety and Drug Administration Department, Erode shared his views with the 155 students regarding food safety.



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25/01/2018 - Food adulteration awareness programme

Citizen Consumer Club student members distributed the pamphlets to **50** residents of Thindal on **25/01/2018** to enhance awareness on **Food Adulteration**.



R. Sangeetha

Staff In charge / Club Coordinator

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26/01/2018 - Republic Day celebration

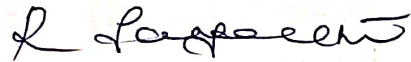
On 26/01/2018, the Republic Day celebrations were held at **Venkateswara Orphange, Therkupallam, Erode** to instill the tendency of rendering service to the society in the minds of student members, whereby they offered donations generously to meet the needs of groceries and their provisions to **50 people**.



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06/02/2018 - Consumer Awareness Training Programme

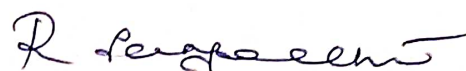
55 student members of the club participated in the "One - Day Consumer Awareness Training Program" held on 6/02/2018 at Kongu Engineering College, Perundurai, Erode.



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28/02/2018 - Programme on avoiding junk food

On 28/02/2018 a demonstration through 'Skit' was made at Government Higer Secondary School, Thindal, Erode focusing on "Avoid Junk Food". 55 School children got benefited.



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**Vellalar College for Women, Erode
Green Society Club - 2017 - 2018**

Awareness Programme on Save Rivers

Many of our rivers are depleting fast and it's time to revive rivers. *Isha* Foundation, Coimbatore has taken a great initiative to create awareness on “**Save Rivers**” and request the students to give a missed call to 8000980009, because every call counts. Green Society supports this issue and instructed the Green Society members as well as other students to give a missed call on **10.8.17**, which can help in influencing the Government to make a policy change. 40 members of the club were benefitted by this programme



**Dr.D.Indumathi,
Department of Zoology
Vellalar College for Women (Autonomous),
Erode - 638 012.**

Signature of the Club Coordinator

**Vellalar College for Women, Erode
Green Society Club –2017– 2018**

Awareness Campaign on Open Defecation Menace

An awareness campaign on open “**Defecation Menace**” was jointly organized by the **District Rural Development Agency** and **Green Society** under SWACHH-A-THON 1.0. on **11.8.17**. The District Rural Development officer explained how open defecation affected the surrounding environment and how this menace posed a major health hazard. The students were instructed to take up the message to the villagers and motivate the people to get individual toilets in their households by using the subsidy given by the Government and were taken oath about this issue, DRDO officials were also taken the oath. 38 members of the club were benefitted by this programme.



. Dr.D.Indumathi,
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Signature of the Club Coordinator

**Vellalar College for Women, Erode
Green Society Club –2017– 2018**

Training Programme for ‘Persons with Disabilities’ Organized by Arima Trust, Erode

38 green Society students attended a two day vocational training program on “**Persons with Disabilities**” organized by Erode Arima Trust on **11.8.2017 and 12.8.2017** at “The Erode Arima Trust Special School for Differently Abled” Sengodampalayam, Erode. 38 members of the club were benefitted by this programme.



. Dr.D.Indumathi,
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Signature of the Club Coordinator

**Vellalar College for Women, Erode
Green Society Club - 2017 - 2018**

Cleanliness Drive

Cleanliness drive was organized by Green society on **01.09.2017** under the Swachh Bharat Mission or **Clean India Mission** launched by Prime Minister Shri Narendra Modi seeks to create a “**Clean India**”. In this contest, the college campus was cleaned by the students, they started collecting polythene bags, picking wrappers lying scattered there and dirty materials and the wastage was dispersed in to the dumping yard. 27 members of the club were benefitted by this programme



. Dr.D.Indumathi,
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Signature of the Club Coordinator

**Vellalar College for Women, Erode
Green Society Club - 2017 - 2018**

Cleanliness Drive

Generating awareness on cleanliness and hygiene amongst students a 'Sensitization Programme' was conducted in the forenoon of **6th January 2018** so as to motivate the students to follow certain good practices in a proactive manner. Green Society member emphasized the way of disposing their napkins in a proper way to their student friends by hanging the chart containing the "Do and Don'ts" while disposing their napkins. Volunteers kept rough papers at the toilets entrance for the purpose of disposing their waste. In the afternoon of the same day students were taken to visit **Kongu Arivalayam, Sengodampalayam, Erode** to expend their time with the students Finally the Kongu Arivalayam students were bestowed with rice, provision, bread, money, mates and dress materials. 35 members of the club were benefitted by this programme



. Dr.D.Indumathi,
Department of Zoology
Vellalar College for Women (Autonomous),
Erode - 638 012.

Signature of the Club Coordinator

YOUTH RED CROSS SOCIETY

Report on World Population Day - 11.07.2017

The **World Population Day** programme was organized by Youth Red Cross Society of Vellalar college for women, Erode on **11.07.2017**. **Dr. (Tmt). T.K.Kousalya**, Associate Professor, Department of Nutrition and Dietetics and YRC Co-Ordinator, VCW, Thindal, averred the need to curb population and focused on the issues such as the important of family planning, gender equality, poverty, maternal health and human rights. A total of **220** students participated in this programme.

P.K. Kousalya
**Dept. of Nutrition And Dietetics,
Vellalar College For Women
(Autonomous)
Erode - 638 012.**

YOUTH RED CROSS SOCIETY

Report on An Awareness Programme on the Dengue Fever - 07.10.17

An Awareness programme on the Dengue Fever was organized on 07.10.17. Dr. (Tmt). T.Kousalya, Associate Professor, Department of Nutrition and Dietetics, Ms. K.S.Dhivya & Ms. M.Deepa Assistant Professors, Department of English (SF), YRC Co-ordinators, Vellalar College for Women, Thindal, delivered the special address. The Co-ordinators upgraded the knowledge of the volunteers to be precautionary against water stagnation to avoid waterborne diseases. To create awareness on the basic facts of Dengue Fever, pamphlets were put up on the notice board. An oath on the eradication of Dengue Fever was taken. A total of 220 students participated in this programme. The programme increased a sense of awareness among the students.

P.C. Kousalya
Dept. of Nutrition And Dietetics,
Vellalar College For Women
(Autonomous)
Erode - 638 012.

YOUTH RED CROSS SOCIETY

Report on International Youth Day Celebrations - 12.08.2017

A Youth Red Cross Society, Vellalar College for Women, Erode organized the **International Youth Day** held on **12.08.2017**. Ms.K.S.Dhivya, Assistant Professor of English & YRC Co-ordinator, Vellalar College for Women (Autonomous) Thindal, highlighted on the various social issues such as poverty, crime, social justice, illiteracy, unemployment and malnutrition. A total of **220** participated in this programme.

P.C. Kousalye .

Dept. of NUTRITION AND DIETITICS
Vellalar College For Women
(Autonomous)
Erode - 638 012.

YOUTH RED CROSS SOCIETY

Report on Independence Day Celebrations 15.08.2017

A Youth Red Cross Society and National Service Scheme of Vellalar College for Women, Erode, organized a **International Youth Day** was observed on **15.08.2017**. **Ms.K.S.Dhivya**, Assistant Professor of English & YRC Co-ordinator, Vellalar College for Women (Autonomous) Thindal, highlighted on the various social issues such as poverty, crime, social justice, illiteracy, unemployment and malnutrition. A total of **220** participated in this programme.

P. C. Kousalya .

**Dept. of Nutrition And Dietetics,
Vellalar College For Women
(Autonomous)
Erode - 638 012.**

YOUTH RED CROSS SOCIETY

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P.C. Kousalya
Dept. of Nutrition And Dietetics,
Vellalar College For Women
(Autonomous)
Erode - 638 012.

YOUTH RED CROSS SOCIETY

DISASTER MANAGEMENT -08.01.2018

REPORT

An Awareness Programme on **Disaster Management** was organized by the Youth Red Cross Society of Vellalar College for Women, Erode on **08.01.2018**. A lecture-cum-demonstration was given to YRC volunteers on **Disaster Management** by **K.Prakasam, M.E., M.B.A., (Ph.D).**, Assistant Professor- Senior Grade, Department of EEE, K.S.R. College of Engineering (Autonomous), Tiruchengode. He explained the various operations done during fire, earthquake, cyclone, landslides, floods and various natural and manmade disasters. A total of **220** students participated and benefitted from this programme.

P.C. Kousalye .

**Dept. of Nutrition And Dietetics,
Vellalar College For Women
(Autonomous)
Erode - 638 012.**

YOUTH RED CROSS SOCIETY

Republic Day Celebrations - 26.01.2017

REPORT

The 68th Republic Day was celebrated by our Youth Red Cross volunteers in **Thyagi Eswaramoorthy Old Age Home at Pavalathampalayam on 26.01.2017**. The YRC volunteers visited and distributed confectionaries, cereals & pulses and also rest room dispensers (towels, soaps, shampoo, and tooth powder. YRC volunteers were engaged and interacted with the senior citizens with motivational speech, group activities like singing, playing and acting with them. A total of **40** students participated and benefitted from this programme.

P. C. Kousalya

Dept. of Nutrition and Dietetics,
Vellalar College For Women
(Autonomous)
Erode - 638 012.

YOUTH RED CROSS SOCIETY

FIRST AID TRAINING PROGRAMME -16.02.2018

REPORT

A One Day Certificate course on “**First Aid Training Programme**” was organized by Youth Red Cross Society of Vellalar college for women, Erode on **16.02.2018**. **K. Mohamed Qifayathullah B.E (Fire)**, General Manager, Qifayath Enterprises, Salem delivered a special address on “**First Aid Training**” and demonstrated the various aspects like types of bandages, wounds care, bleeding electric shocks, Cardio Pulmonary Resuscitation (CPR), how to manage everyday minor accidents and learn how to treat an unconscious and breathing causality and potentially lifesaving techniques of First Aid to the students. A total of **220** students participated in this training programme and were it benefited.

P. C. Kousalya

**Dept. of Nutrition And Dietetics,
Vellalar College For Women
(Autonomous)
Erode - 638 012.**

YOUTH RED CROSS SOCIETY

Blood Donation Camp -19.02.2018

REPORT

In commemoration of the Founders' Day of Vellalar Educational Trust, a "**Blood Donation Camp**" was jointly organized by National Service Scheme and Youth Red Cross Society on **19.02.2018**. The YRC volunteers and the members of teaching and non-teaching staff donated **38** units of blood to the Government Hospital, Erode. After the successful blood donation, all the donors received the appreciation certificates for their humanity.

P. C. Kousalya .

**Dept. of Nutrition And Dietetics,
Vellalar College For Women
(Autonomous)
Erode - 638 012.**

YOUTH RED CROSS SOCIETY

Extension Activity on Cancer and Health Awareness Programme - 23.02.2018

REPORT

To create health awareness among tribal people, YRC has arranged a Extension Activity on Health Awareness Programme on **Cancer and Health Awareness Programme** in **Karappadi**, Coimbatore on **23.02.2018**. The YRC volunteers distributed the pamphlets emphasizing the eradication of cancer and need for Blood donation to the public. A total of **40** students participated and benefitted from this programme.

P. C. Kousalye .

Dept. of Nutrition And Dietetics,
Vellalar College For Women
(Autonomous)
Erode - 638 012.

YOUTH RED CROSS SOCIETY

International Women's Day - 08.03.2019

REPORT

International Women's Day celebration was organized by Youth Red Cross Society on on **08.03.2019**. **Dr. (Tmt). T. Kousalya**, Associate Professor, Department of Nutrition and Dietetics, **Ms. K. S. Dhivya & Ms. M. Deepa** Assistant Professors, Department of English (SF), YRC Co-ordinators, Vellalar College for Women, Thindal, delivered the special address. **Human chain** was arranged in this programme. A total of **220** students participated in this programme.

P. C. Kousalya

Dept. of Nutrition and Dietetics
Vellalar College For Women
(Autonomous)
Erode - 638 012.

VELLALAR COLLEGE FOR WOMEN (AUTONOMOUS), ERODE -12


NATIONAL SERVICE SCHEME

2017-2018

Programme on Promoting Digital Economy

On 21.06 2017, a seminar was organised on the topic "**Cashless Transaction for Promoting Digital Economy**" and it was presented by Mr. N.Senthilkumaran Director, Dept. of Computer Applications, Vellalar College for Women, Erode. Hundred students participated and got benefitted by this programme.




PROGRAMME OFFICER
NATIONAL SERVICE SCHEME
VELLALAR COLLEGE FOR WOMEN (AUTONOMOUS)
THINDAL, ERODE - 12.

VELLALAR COLLEGE FOR WOMEN (AUTONOMOUS), ERODE -12

NATIONAL SERVICE SCHEME

2017-2018

National Youth Day

On 12.01.2018, "**National Youth Day**" was celebrated. The Chief guest Mr.T.Stephen, Asst. Professor and Head of Library and Information Science, gave a motivational Speech. In connection with this, NSS conducted various competitions like Essay writing, dance, PowerPoint presentation, skit and oratorical competition. 150 students participated in this programme.



Silmy
PROGRAMME OFFICER
NATIONAL SERVICE SCHEME
VELLALAR COLLEGE FOR WOMEN (AUTONOMOUS)
THINDAL, ERODE - 12.

VELLALAR COLLEGE FOR WOMEN (AUTONOMOUS), ERODE -12

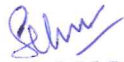
NATIONAL SERVICE SCHEME

2017-2018

Youth Awakening Day

On 16.10.2017, "**Youth Awakening Day**" was conducted by Vivekanadha Kendra, Kanyakumari. Nearly 18 NSS Volunteers of Vellalar College participated in the program held at Kumaraguru College of Technology, Coimbatore. Dr. R.S.Kumar was the Chief guest. He has taken the Seminar on the topic of "Life of Swami Vivekanandha and the Dream of Dr.A.P.J.Abdul kalam.




PROGRAMME OFFICER
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THINDAL, ERODE - 12.

VELLALAR COLLEGE FOR WOMEN (AUTONOMOUS), ERODE -12

NATIONAL SERVICE SCHEME

2017-2018

Voters Day

In connection with the **Voters Day** on 25.01.2018, fifty NSS volunteers took the pledge to exercise their franchise rightly and judiciously. This pledge motivated the students to know the power of voting.



Selva
PROGRAMME OFFICER
NATIONAL SERVICE SCHEME
VELLALAR COLLEGE FOR WOMEN (AUTONOMOUS)
THINDAL, ERODE - 12.

VELLALAR COLLEGE FOR WOMEN (AUTONOMOUS), ERODE -12

NATIONAL SERVICE SCHEME

2017-2018

Blood Donation Camp

On 14.09.2017, **Blood Donation Camp** was organized by the NSS units jointly with YRC. 70 Units of Blood was donated to Government Hospital, Erode. The willingness of the students to donate blood showed their service minded nature.



Selva
PROGRAMME OFFICER
NATIONAL SERVICE SCHEME
VELLALAR COLLEGE FOR WOMEN (AUTONOMOUS)
THINDAL, ERODE - 12.

VELLALAR COLLEGE FOR WOMEN (AUTONOMOUS), ERODE -12


NATIONAL SERVICE SCHEME

2017-2018

Dengue Awareness Programmme

The four NSS units of Vellalar College for Women (Autonomous), organized **Dengue Awareness Programmme** from 13.07.2017 to 17.07.2017. Nilavembu Kashayam was distributed to nearly 3000 students by 30 NSS Volunteers. This event helped the beneficiaries a lot to be away from diseases.




PROGRAMME OFFICER
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VELLALAR COLLEGE FOR WOMEN (AUTONOMOUS)
THINDAL, ERODE - 12.

VELLALAR COLLEGE FOR WOMEN (AUTONOMOUS), ERODE -12


NATIONAL SERVICE SCHEME

2017-2018

Independence Day

On 15.08.2017, **Independence Day** was celebrated at N.L.Karunai Illam Old age Home, K.K.Nagar, Erode. The NSS units contributed rice, biscuits and groceries as the part of the proceedings with ten volunteers. It helped the students to improve their helping tendency. The volunteers felt happy spending time with the elders.




PROGRAMME OFFICER
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THINDAL, ERODE - 12.

VELLALAR COLLEGE FOR WOMEN (AUTONOMOUS), ERODE -12

NATIONAL SERVICE SCHEME

2017-2018

Anti-Aedes Day

To prevent and control the Aedes Mosquitoes, every Thursday of the September was observed as “**Anti-Aedes Day**”. On 07.09.2017, twenty NSS Students cleaned the college campus and created a mosquito free campus. These activities are continued throughout the year.



Selva
PROGRAMME OFFICER
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VELLALAR COLLEGE FOR WOMEN (AUTONOMOUS)
THINDAL, ERODE - 12.

VELLALAR COLLEGE FOR WOMEN (AUTONOMOUS), ERODE -12

NATIONAL SERVICE SCHEME

2017-2018

Literacy Day

On behalf of NSS units of Vellalar College for Women, **Literacy Day** was absorbed on 08.09.2017. Twenty Five NSS volunteers created awareness on Literacy among the public by holding placards. This programme is fruitful for the public.



Belur
PROGRAMME OFFICER
NATIONAL SERVICE SCHEME
VELLALAR COLLEGE FOR WOMEN (AUTONOMOUS)
THINDAL, ERODE - 12.

VELLALAR COLLEGE FOR WOMEN (AUTONOMOUS), ERODE -12

NATIONAL SERVICE SCHEME

2017-2018

Blood Donation Camp

In memory of Self-Sacrificing founders, the **FOUNDERS' DAY** was commemorated on 19th February 2018. NSS unit organized **Blood Donation Camp** with a support of Government Hospital and Primary Health Centre, Erode and donated 64 units of blood.




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THINDAL, ERODE - 12.

VELLALAR COLLEGE FOR WOMEN (AUTONOMOUS), ERODE -12

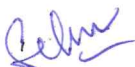
NATIONAL SERVICE SCHEME

2017-2018

Nutrition Week

On 20.09.2017, **Nutrition Week** was celebrated. Dr. P. Indhumathy, Associate Professor, Department of Food and Nutrition and Dr. K. Malathi, Director of Physical Education addressed on Healthy Life and the benefits of Nutritious Food. Fifty students were benefited by this programme.




PROGRAMME OFFICER
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VELLALAR COLLEGE FOR WOMEN (AUTONOMOUS)
THINDAL, ERODE - 12.

VELLALAR COLLEGE FOR WOMEN (AUTONOMOUS), ERODE -12


NATIONAL SERVICE SCHEME

2017-2018

Cleanliness is Service

In the observance of “**Cleanliness is Service**”, thirty NSS Volunteers cleaned the Railway Station, Erode and Thindal Government Hospital on 25.09.2017. They cleaned the roadsides and removed the plastics and solid wastages. Such activities help the students to understand the need for cleanliness.




PROGRAMME OFFICER
NATIONAL SERVICE SCHEME
VELLALAR COLLEGE FOR WOMEN (AUTONOMOUS)
THINDAL, ERODE - 12.

VELLALAR COLLEGE FOR WOMEN (AUTONOMOUS), ERODE -12

NATIONAL SERVICE SCHEME

2017-2018

Special camp

On behalf of NSS units of Vellalar College for Women, a **Special camp** was organized from 08.08.2017 to 14.08.2017. In the adopted villages, '**Ponnampalayam, Vathiyarkaatuvalasu, Keeramadai and Kalyanipuram**', rally, cleaning programme, debate, medical camp, tree plantation and cultural events were organised. Fifty volunteers attended the camp and provided their service to the villagers..




PROGRAMME OFFICER
NATIONAL SERVICE SCHEME
VELLALAR COLLEGE FOR WOMEN (AUTONOMOUS)
THINDAL, ERODE - 12.

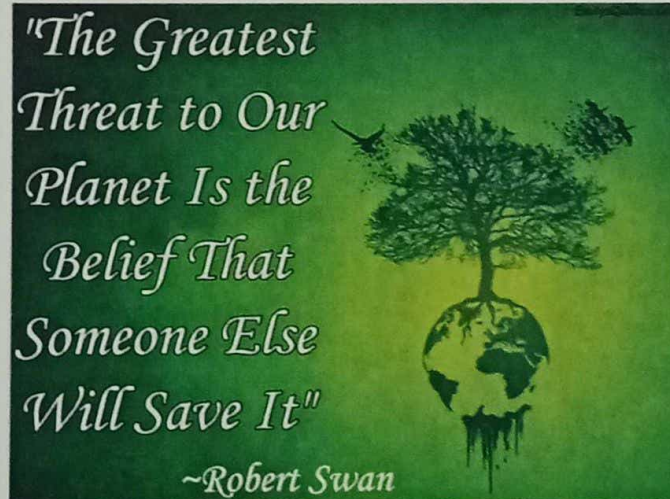
VELLALAR COLLEGE FOR WOMEN(AUTONOMOUS),
ERODE-12

NATIONAL CADET CORPS

15 TAMILNADU BATTALION NCC, ERODE



CLEANING OF STATUES



REPORT

23.09.2017

VELLALAR COLLEGE FOR WOMEN (AUTONOMOUS)

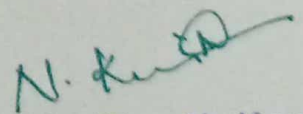
NATIONAL CADET CORPS

CLEANING OF STATUES

23.09.2017

To accelerate the efforts in achieving the universal sanitation coverage and to put efforts on sanitation, the Prime Minister of India had launched the Swatchh Bharat mission on 2nd October 2014. The mission shall be secretary, ministry of drinking water and sanitation (MDWS) with two sub-missions, the Swath Bharat mission (gramin) and the Swach Bharat mission (urban) which aims to achieve Swach Bharat by 2019 as a fitting tribute to the 150th birth anniversary of late Mahatma Gandhi which in rural areas shall mean improving the levels of cleanliness in rural areas.

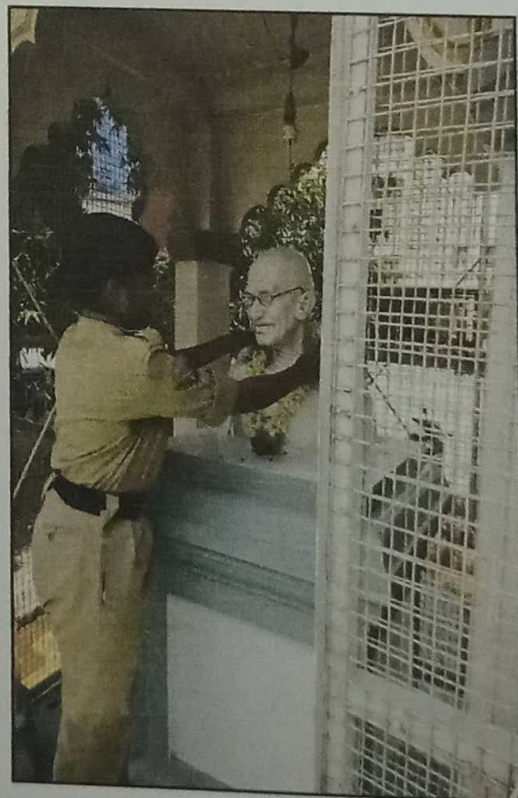
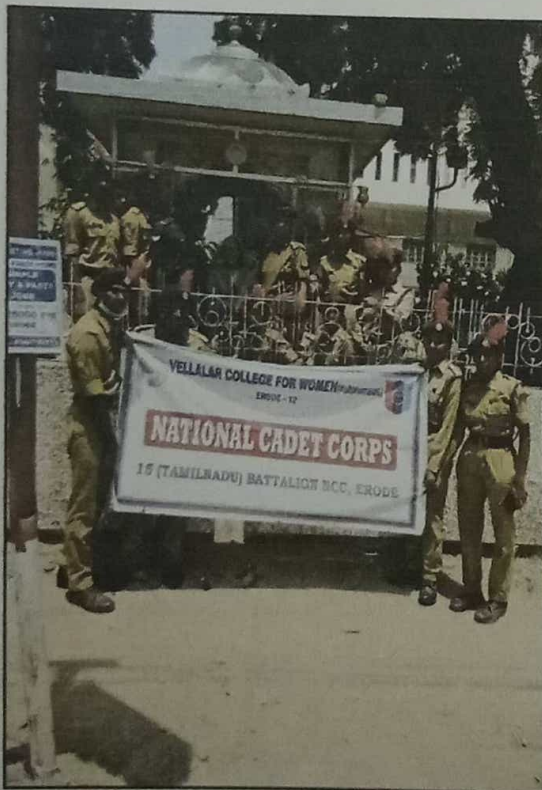
As a citizen of India we all have the duty to make our India to be clean and neat. In this regard, the prior permission was sought from the Mr. Seeni Ajmalkhan, Commissioner, Erode District Corporation for the cleaning of statues. The mission launched by the cadets of Vellalar College for women started their work with full vigour keeping in mind that they should contribute their utmost power and energy to fulfill their aim. They started their work first at Karungalpalayam, near Government school, Erode by cleaning the statue of Mahatma Gandhiji. The areas surrounding the statue were cleaned. The statue of Mahatma Gandhi was cleaned with utmost care. Mandapa was also cleaned. Assistant commissioner Mr. Ashok Kumar was with us through out our cleaning programme. We have again cleaned the Gandhi Statue at Municipality Office. After it was cleaned, the statue was garlanded which was highly appreciated by the Commissioner, Municipality Corporation. Cadets were highly motivated and insistence was also given to continue with these kind of activities in future also.



14310054 / Lt. Mrs. N. Kavitha,
Lecturer In History,
Associate NCC Officer,
Vellalar College for Women,
Thindal, Erode - 638 012.



MAHATMA GANDHI STATUE CLEANING AT CORPORATION OFFICE, ERODE

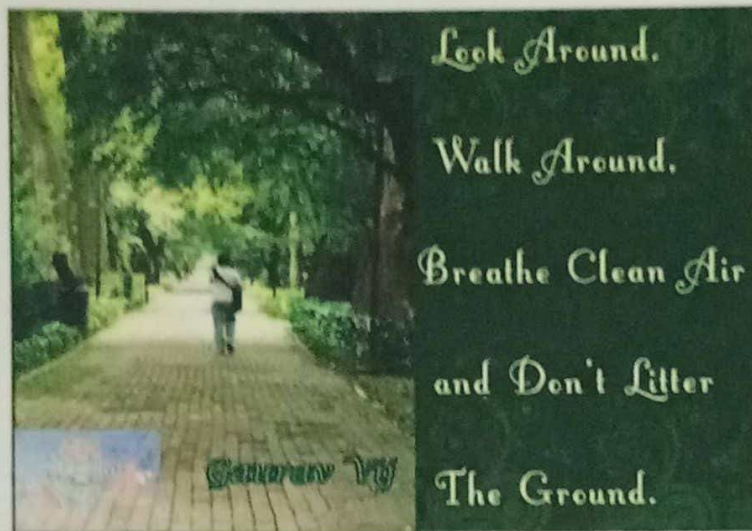


STATUE GARLANDED AFTER CLEANING IN THE CORPORATION OFFICE, ERODE



**VELLALAR COLLEGE FOR WOMEN(AUTONOMOUS),
ERODE-12**

**NATIONAL CADET CORPS
15 TAMILNADU BATTALION NCC, ERODE**



Look Around.

Walk Around.

Breathe Clean Air

and Don't Litter

The Ground.

CLEAN INDIA CAMPAIGN

SANGAMESHWARAR TEMPLE, BHAVANI,

ERODE

REPORT

26.09.2017

VELLALAR COLLEGE FOR WOMEN (AUTONOMOUS)

NATIONAL CADET CORPS

NCC Cadets of Vellalar College for Women under took a clean India Pgm to the Sangameshwarar Temple in Bhavani, Erode on 26.09.2017 as this river based temple was completely affected due to the celebration of Pushkara festival on the banks of river Kaveri. This temple was a traditional and famous temple in TamilNadu. Pushkara is an Indian festival dedicated to worshipping of rivers. It is also known as Pushkaralu , Pushkara or Pushkar. It is celebrated at shrines along the banks of 12 major sacred rivers in India, in the form of ancestor worship, spiritual discourses, devotional music and cultural programmes. The celebration happens annually, once in 144 years along each river. Each river is associated with a zodiac sign, and the river for each year's festival is based on which sign Jupiter is in at the time. Due to regional variations, some of the zodiac signs are associated with multiple rivers. As this temple is also located on the banks of river Kaveri, the cadets took out to clean this river basin. As this river basin was completely dumped with plastics and left out dresses due to spiritual belief, it was totally in nasty and unhygienic situation. The cadets are fully motivated to clean not only the river basin but also the surrounded areas like parking, pathway, garden, etc. To maintain hygiene among the cadets, they were given glove and mask to protect them.



CADETS CLEANING THE FOOT STEPS ON THE REVER BANKS

N. Kavitha
4310054 / Lt. Mrs. N. Kavitha,
Lecturer In History,
Associate NCC Officer,
Vellalar College for Women,
Thindal, Erode - 638 012.



VELLALAR COLLEGE FOR WOMEN (AUTONOMOUS), ERODE-12
NATIONAL CADET CORPS
15(TN) BN, NCC- ERODE.

NUKAD NATAKS- STREET PLAYS



STREET PLAYS TO CREATE AWARENESS
ON
28.09.2017
REPORT

VELLALAR COLLEGE FOR WOMEM, ERODE

NATIONAL CADET CORPS

Cadets undertook an innovative idea to create awareness among the public related to the usage of toilets, avoid using plastics, to litter all wastes in the dustbin and so on. Though the cadets take out so many activities to keep the areas clean, the goal (Keeping India Clean) can be reached only when all the people are aware of what they are doing. So to create awareness among the public, the place which is highly crowded was chosen. So the place near the temple and bus stop was chosen. In that Nukad Nataks Pgm was conducted. The street-play scenario won many hearts with the varied kinds of messages and emotions it projected. We have compiled a list few such Nukkad Nataks, which have influenced the audiences at large. The play enlightens the audience by suggesting some simple and doable ways in which we can help these unfortunate few come out of the unremitting cycle of begging.



PUBLIC WERE CREATED AWARENESS ON THE VARIOUS ASPECTS OF CLEAN INDIA THROUGH PLAYS

N. Kavitha

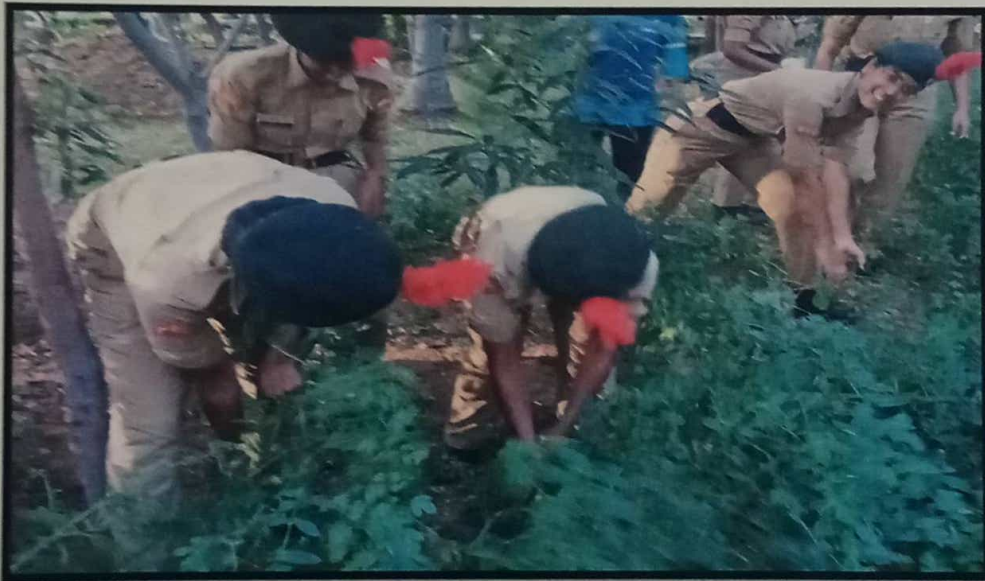
4310054 / Lt. Mrs. N. Kavitha,
Lecturer In History,
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Vellalar College for Women,
Thindal, Erode - 638 012.



VELLALAR COLLEGE FOR WOMEN (AUTONOMOUS), ERODE.

NATIONAL CADET CORPS

15 TAMILNADU BATTALION NCC



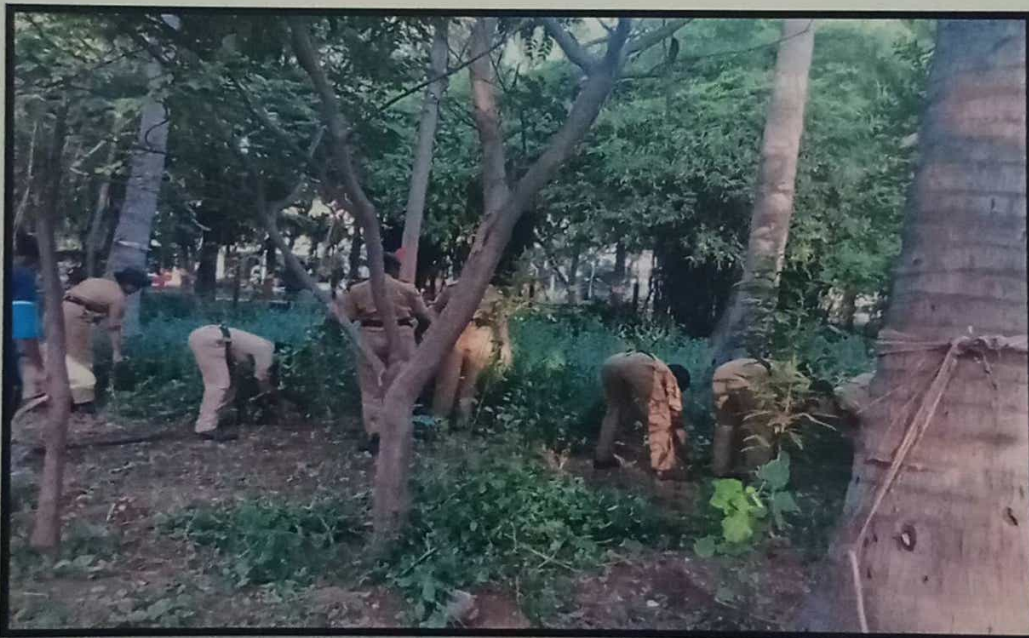
CLEAN INDIA CAMPAIGN

08.12.2017

REPORT

VELLALAR COLLEGE FOR WOMEN(Autonomous), Erode-12
NATIONAL CADET CORPS
15 TAMILNADU BATTALION NCC, ERODE
SWATCH BHARAT PROGRAMME-08.12.2017

As a part of Swachh Bharat program, 50 cadets of Vellalar College for Women took part in the campus cleaning where it is fully covered with bushes and wastes. The program was held on 08.12.2017 in which cadets actively took part and removed the bushes and also removed the wastes that were shattered in all the places. The cadets cleaned both in and around the campus of the Vellalar College for Women. The cadets removed the every piece of plastic and waste both in and around the campus to maintain cleanliness. The enthusiasm of the cadets leaped out of the work. The cadets weeded the bushes in the whole garden. The complete involvement of the cadets was witnessed by the clean campus which was the result of the program. The spirit of the cadets made the work of cleaning, a victorious one. Continuous programmes conducted by us in our college motivated the cadets to carry on the same work with energy and enthusiasm in a long run.



CADETS INVOLVED IN CLEARING THE BUSH

N. Kavitha
14310054 / Lt. Mrs. N. Kavitha,
Lecturer In History,
Associate NCC Officer,
Vellalar College for Women,
Thindal, Erode - 638 012.



**VELLALAR COLLEGE FOR WOMEN(AUTONOMOUS),
ERODE-12
NATIONAL CADET CORPS**

VISIT TO NL KARUNAI ILLAM- OLD AGE HOME

क्र.सं. 26 Regd.No. 662700, Recognition No. 267200-01, 18.10.87

N.L. கருணை இல்லம் **N.L.KARUNAI ILLAM**
(Under Control of N.L.K. Charitable Trust)
ஆதரவற்ற முதியோர் காப்பகம்
தலைமை காப்பகம் : K.K. நகர் (ஆர்.கருணை) வடமேற்குப் பாதை, எரோடு - 5
T 0424 - 2271161, 2277508, Cell : 94430 20181

உணவு நன்கொடை ரசீது தேதி : 24.01.18

நிருமதி/திரு N. KAVITHA, NCC, V.C.W., Erode வந்தளிர்
ரூ. Three Thousand Only மட்டும்

உணவு நன்கொடை நிதியாக நன்றியுடன் பெற்றுக் கொள்ளலாம்.

₹ 3000

M.N.
N.L.கருணை இல்லத்தினர்

15 TAMILNADU BATTALION NCC, ERODE

24.01.2018

REPORT

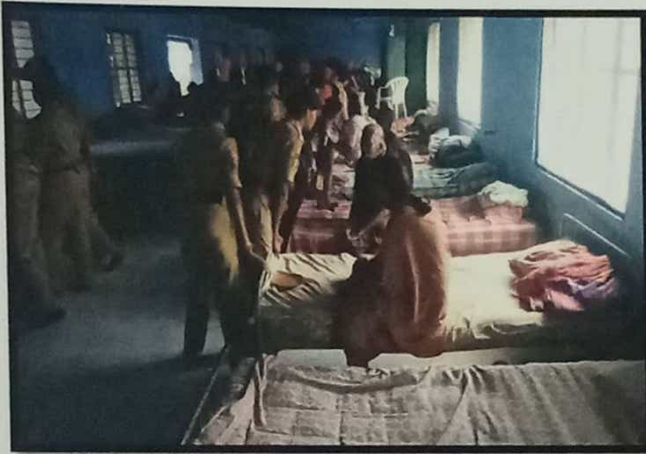
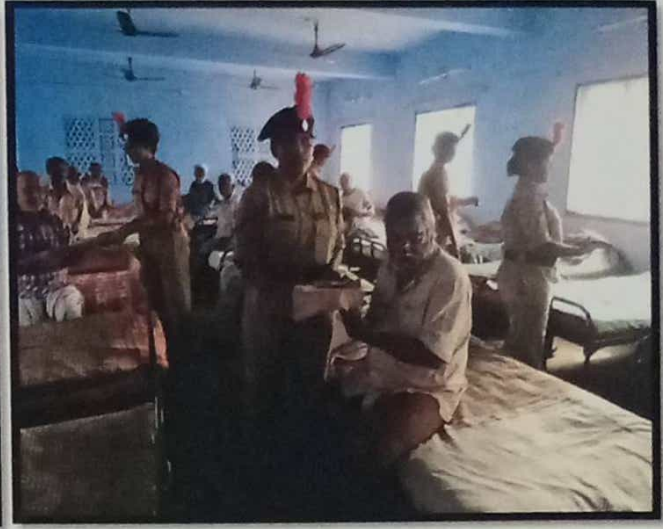
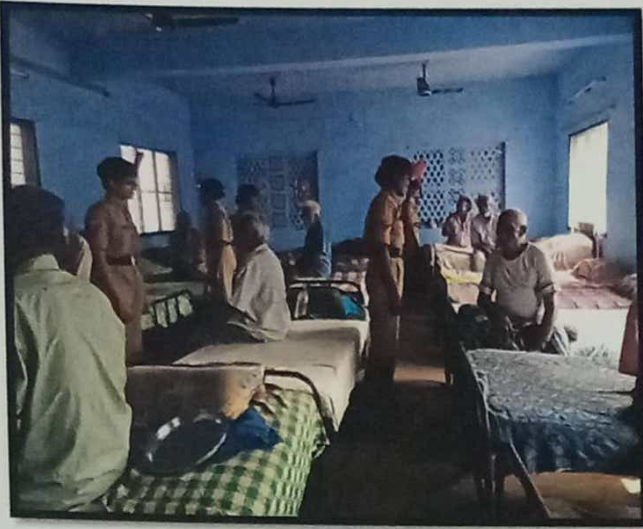
**VELLALAR COLLEGE FOR WOMEN (AUTONOMOUS), ERODE-12
15 TAMILNADU BATTALION NCC, ERODE-12
NATIONAL CADET CORPS**

VISIT TO NL KARUNAI ILLAM- OLD AGE HOME

NCC cadets of the Vellalar College for Women went to the old age home **N.L.Karunai illam** at K.K.Nagar, Rangampalayam on January 24, 2018. N.L.Karunai Illam is headed by Mr. Hariharan. There are totally 85 old people in the home. In that, 43 of them are males and 42 of them are females. Mr. Hariharan is taking care of these people. The Old age home is for old people who had lost their children and relatives. But now, even though, they have their children and relatives, they end up living in the home. The children after reaching a stage, where they can stand on their own legs, they leave their parents in the homes. Because they even feel their own parents as a burden. These old people are like children who suffer and long for love. The cadets were taken to the N.L. Karunai illam where such old people are longing for love and care. Rupees 3,000 were given to them as a sponsor with night dresses and dhoties. The cadets spent their time with the old people in the home. The cadets shared love and affection with the elderly people, who lost their loved ones or who are left uncared by their loved ones. The cadets passionately and enthusiastically did the service and spread their enthusiasm to the old people. They also ensured the happiness and smile in the faces of the old people.



Cash of Rs. 3,000, Night dresses are being donated



CADETS ACTIVE INTERACTION AND CLOTHING DISTRIBUTION

N. Keri
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