

**Career Counseling and Guidance for  
Competitive Examinations offered by the  
Institution 2015 - 2016**

**Circular/ Brochure of Report along with Photograph**

**Name of the Activity**

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**“YOUTH CONCLAVE”**

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# Invitation

01.03.2016 Tuesday

Session	Time	Topic & Resource Person
I	10.00 a.m. - 11.00 a.m.	Career Opportunities and Guidance Dr. Cibi Sai Soundariyan, Director, RMS IAS Coaching Center, Coimbatore.
	11.30 a.m. - 11.45 a.m.	Tea Break
II	11.45 a.m. - 01.15 p.m.	Preparation of Project Proposal Dr. K. Suresh Kumar General Manager PSG College of Technology- Science and Technology Entrepreneurial Park, Coimbatore.
	01.15 p.m. - 02.00 p.m.	Lunch Break
III	02.00 p.m. - 03.30 p.m.	Employability Skills Dr. M. Shanmugasundaram, Trainer-Softskills, TA Phoenix Training Academy, Erode.
	03.30 p.m. - 03.45 p.m.	Tea Break
IV	03.45 p.m. - 05.15 p.m.	Emotional and Mental Health Dr. Jayaprakash Jagadesan, Psychiatrist, Center of Mind, Erode
	Valedictory Session	Feedback from Participants Distribution of Certificates Vote of Thanks National Anthem

The Management, Principal, Staff & Students of

**Vellalar College for Women(Autonomous)**



College with Potential for Excellence

(Re-accredited with 'A' Grade by NAAC &

Affiliated to Bharathiar University, Coimbatore-641 046)



Erode-12

Cordially invite you for the

## Youth Conclave

Organized in collaboration with

Rajiv Gandhi National Institute  
of Youth Development

(Ministry of Youth Affairs and Sports, Govt. of India,  
Sriperumbudur - 602 105, TamilNadu)

on  
29<sup>th</sup> February & 1<sup>st</sup> March 2016  
@ Conference Hall

Kindly grace the function with your presence.

Organizing Committee : IQAC Members, VCW, Erode

PROGRAMME

29.02.2016 Monday

Registration	:	08.30 a.m. - 09.00 a.m.
Inaugural Session	:	09.00 a.m. - 11.30 a.m.
Prayer		
Welcome Address	:	<b>Dr. D. Kamalaveni</b> Principal, Vellalar College for Women, Erode.
Presidential Address	:	<b>Thiru. S.D. Chandrasekar</b> Secretary, Vellalar Educational Trust, Erode.
Keynote Address on Professional Ethics	:	<b>Mr. Sibi Chakravarthy IPS</b> Superintendent of Police, Erode.
Address on National Youth Policy 2014 & Sustainable Development Goals	:	<b>Dr. E.S. Samundeeswari,</b> Programme Co-ordinator & Asso.Prof. of Computer Science, Vellalar College for Women, Erode.
Tea Break	:	11.30 a.m. - 11.45 a.m.

PROGRAMME

29.02.2016 Monday

Session	Time	Topic & Resource Person
I	11.45 a.m. - 1.15 p.m.	<b>Leadership &amp; Managerial Skills</b> <b>Dr. Stalin Gunasekaran</b> Advocate, Writer & Orator, Erode.
	01.15 p.m. - 02.00 p.m.	<b>Lunch Break</b>
II	02.00 p.m. - 03.30 p.m.	<b>Non-verbal Cues in Honing Business Communication Skills</b> <b>Dr. R. Rajamani,</b> Associate Professor of Commerce, Vellalar College for Women, Erode
	03.30 p.m. - 03.45 p.m.	<b>Tea Break</b>
III	03.45 p.m. - 05.15 p.m.	<b>Theater Skills – Awareness and Prevention of High Risk Behavior among Youth</b> <b>Dr. S. Kannamal</b> Formerly Head, Department of English & <b>Dr. L.M. Swarnalatha</b> Assistant Professor of English Vellalar College for Women, Erode.

# Report

Annexure – 7



**RAJIV GANDHI NATIONAL INSTITUTE OF YOUTH DEVELOPMENT**  
(Institution of National Importance by the Act of Parliament No. 35/2012)

**Ministry of Youth Affairs & Sports**

**Government of India**

**Sriperumbudur – 602 105, Tamil Nadu.**

**Youth-Led Sustainable Development Programme (YLSDP)**

**Youth Conclave**

## **REPORT ON THE PROCEEDINGS OF THE ACTIVITY**

1. Name and Address of the College : Vellalar College for Women (Autonomous),  
Erode-638012, Tamilnadu.
2. Type & Format of the Activity : Youth Conclave  
Seminar / Training Programme
3. Title of the Activity : **Youth Conclave**
4. Date : 29.02.2016 & 01.03.2016
5. Venue : Conference Hall, Vellalar College for Women
6. Need for the Activity :  
Economically backward and marginalized youth are at risk and are confronting challenges that affect their wholesome development. The program was conducted to promote the confidence and positive attitude of the youth aspirants to pave way for their holistic development.
7. Objectives of the Activity :
  - To elevate the caliber of under privileged students to make them a confident and creative human resource.
  - To enhance and upgrade the skill sets of the aspirants.

8. Proceedings of the Activity :

29.02.2016

### Inaugural Session

To actualize the vision of empowering the youth of India, the IQAC of Vellalar College for Women conducted 'Youth Conclave', a two day Youth-Led Sustainable Development Programme funded by RGNIYD on 29.02.2016 & 01.03.2016 at Conference Hall in the college premises. The Inaugural session commenced with the welcome address proposed by **Dr. D. Kamalaveni**, Principal. **Thiru. S. D. Chandrasekar**, Secretary, Vellalar College for Women, delivered Presidential Address. **Dr. R. Parvathi**, Associate Professor and Head, Dept. of Mathematics introduced the chief guest. To achieve impeccable success in one's life and career, moral, social and ethical values play a pivotal role, said **Mr. Sibi Chakravarthy** I.P.S, Superintendent of Police, Erode District in his Keynote Address on 'Professional Ethics'. He further emphasized the students to cultivate social outlook, concern about physical fitness, positive attitude, self-analysis and environmental friendly approach. He substantiated his points with anecdotes and personal experiences. **Dr. E. S. Samundeeswari**, Associate Professor of Computer Science and Programme Coordinator elucidated on National Youth Policy 2014 and Sustainable Development Goals and proposed vote of thanks for the inaugural session of the programme.

### Session I

**Dr. N. Sabitha**, Associate Professor and Head, Dept. of Nutrition and Dietetics welcomed the gathering and introduced the Resource Person **Dr. Stalin Gunasekaran**. He is a notable writer, celebrated orator and a well known legal practitioner in Erode District. In his speech on 'Leadership Qualities and Managerial Skills', he enumerated the qualities of a good leader such as intelligence, hardwork, good reading, patriotic feeling, empathy, human attitude, analytical skill and critical thinking. His power-packed words and impressive delivery of message kindled the spirit of the participants to cultivate the requisite traits to blossom into promising leaders. He urged the young aspirants to focus with single-pointed attention and put all their energies into action to emerge successful in academic and social fronts. "Progressive thinking is vital to face squarely the challenges in the competitive world", he said. A befitting note of thanks was given by **Dr. E. S. Samundeeswari**, Programme Coordinator.

### Session II

A warm welcome was extended to the assemblage by **Dr. P. Indumathi**, Assistant Professor and Head, PG Department of Foods and Nutrition. The Resource

Person **Dr. R. Rajamani**, Associate Professor of Commerce, Vellalar College for Women, made a comprehensive PowerPoint presentation on 'Non-verbal cues in Honing Business Communication Skills'. Her impactful presentation made the aspirants realize how a perfect synchronization of verbal and non-verbal cues leads to efficient communication. She highlighted on strengthening language competency to climb high in career ladder. The session turned out to be an eye-opener for the learners to upgrade their skills in communication to stamp an indelible mark in their chosen field. The participants got ignited to shed their inhibition and make utmost use of available opportunities and resources to gain proficiency in meaningful and flawless correspondence. **Dr. E. S. Samundeeswari**, Programme Coordinator proposed a vote of thanks.

### **Session III**

**Dr. V. Renuga Devi**, Assistant Professor of Commerce extended a cordial welcome to everyone and introduced the Resource Persons **Dr. S. Kannammal**, Former HoD, and **Dr. L. M. Swarnalatha**, Associate Professor, PG and Research Department of English for session on 'Theater Skills- Awareness and Prevention of High Risk Behaviour Among Youth'. The Resource Persons handled the session in distinctive way by providing a platform to the participants to exhibit their creative potentials. Mime done by the volunteers of II M.A. English Literature students made the participants understand the nuances of acting. The learners were given a slice of thrill by exposing them to theatrical performance. Their eager partaking in dramatics helps them to rediscover their innate alertness, interactional ability, creativity, ingenuity and team spirit. The onstage performance of all the participants exemplified the success of the programme. The assistance rendered by 15 PG students of Literature was commended. The edutainment session ended with a vote of thanks by **Dr. E. S. Samundeeswari**, Programme Coordinator.

**01.03.2016**

### **Session I**

A hearty welcome was given by **Mrs. N. Vijaya**, Assistant Professor of Chemistry. Right guidance from right people at right time will lead to success. Career guidance act as a stepping stone for success. To lead the students in positive progressive career path, **Dr. G. Cibi Sai Soundariyan**, Director, RMS IAS Coaching Center, Coimbatore elaborated on all the aspects related to UPSC and TNPSC competitive examinations. His information-packed speech enlightened the students on know-how of preparing for competitive examination. The participants got a clear insight on how to take up the challenging task of cracking UPSC and TNPSC examinations. He detailed on the methods and procedures involved in taking up the competitive examinations and the myriad of opportunities available for the younger generation to explore, grab and excel. The session came to an end with a vote of

thanks by **Dr. N. Sabitha**, Associate Professor and Head, Department of Nutrition and Dietetics.

#### **Session II**

**Mrs. F. Shahida Shireen**, Associate Professor, Department of Physics delivered the welcome address. A Culture of Entrepreneurship provides long-lasting employment and stimulates economic growth and development. To materialize this statement, **Dr. K. Suresh Kumar**, General Manager, PSG College of Technology, Science and Technology Entrepreneurial Park, Coimbatore expounded various aspects involved in business. He urged the young aspirants to avail the advanced technology in setting up novel entrepreneurial ventures. He expounded on developing market-ready skills and put in creative and ingenious ideas to make a mark in the business ezardom. The participants got a clear-sighted perspective on preparing an impressive business proposal. It was a rewarding experience to the young minds who learnt the technicalities involved in preparing unique and promising proposals. The session was fruitful all the way to ignite a spark in the learners to execute their competent ideas commercially. A vote of thanks was proposed by **Dr. E. S. Samundeeswari**, Programme Coordinator.

#### **Session III**

A pleasant greeting was bid by **Mrs. P. Laura Juliet**, Assistant Professor, Dept. of Computer Applications. To mould the student community into market-ready professionals, an awareness on 'Employability Skills' was generated by **Dr. M. Shanmuga Sundaram**, Soft Skills Trainer, Phonenix Training Academy, Erode. In this fact-paced demand driven scenario, the skill sets such as language competency, team work, self-management and Initiative and Enterprise are to be finetuned to crave a niche in the chosen fields. His infotainment speech peppered with humorous anecdotes and inspiring real-life episodes stoked the students to come out of their cocooned self. He underscored the importance of grooming one's personality besides academic excellence to map a booming career. The interactive session and the participant-friendly games geared up the spirit of the young minds, and instilled in them a crave to be proactive and learn the art and science of critical thinking, cognitive analysis, gainful collaboration and integrated improvement. **Dr. E. S. Samundeeswari**, Programme Coordinator presented a thanking note.

#### **Session IV**

**Dr. L. M. Swarnalatha**, Assistant Professor, PG and Research Department of English, welcomed the gathering and introduced the Resource Person. **Dr. J. Jayaprakash**, Psychiatrist, Center of Mind, Erode, articulated on 'Emotional and Mental Health'. Mental emotional well-being is the prerequisite for well-rounded personality. He highlighted that positive attitude enables to realize full potential, cope with stresses in life and work productively to achieve goals. He averred how one has

to banish anger, nourish humour and cherish labour apart from professional success. The young participants learnt a valuable lesson to reenergize and revitalize their spirits and rise above the discomfort surroundings. It was a well-received program by the student fraternity as it imbued them with hope and desire to streamline their mental and emotional energy to lead a harmonious life.

Eventually the program wound up with words of thanks expressed by **Dr. P. Karthika**, Assistant Professor and Head, PG and Research Department of History.

9. Number of total students participated : Male: 4      Female: 196  
Total: 200

10. Number of total resource persons participated : 10

11) Highlights of students participation:

- The spirited participation and avid involvement of the students realised the target of the program
- The students were highly responsive and interactive
- The comprehensive learning experience empowered the scholastic insights of the learners for a holistic development.

12) Highlights of Students and the Resource Person feedback:

- The learners felt that the program has spurred the urge to excel in their academic pursuits
- The feedback of the participants was positive and they yearn for the programs of this kind in future
- The beneficiaries expressed that the imbibed values and ethics will enable them to feel more optimistic in recognizing their goals

13) Learning outcomes of the Activity:

- The Youth Conclave explored all avenues to enrich and enhance the skill sets of budding aspirants
- The frontiers of knowledge, dedication and determination of the students were highly appreciable
- The program boosted the confidence level of the participants
- The enlightenment on the new vistas of career opportunities will pave the path for the youth to tread in the track to success




14) Highlights of the activity:

- To skill-train the youngsters, the conclave deliberated on diverse topics such as Leadership and Managerial skills, Communicative skills, Theatre skills, Entrepreneurial skills and Employability skills
- The address on Professional Ethics and Emotional and Mental Health instilled and nurtured the physical, social and moral well-being of the participants

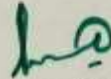
15) Suggestions to RGNIYD, if any:

- The duration of the Programme may be extended.
- The Programme may be extended to other categories of students, as suggested by the participants.

Name & Signature of Activity Coordinator

  
**Dr.E.S. SAMUNDEESWARI**  
Associate Professor  
Department of Computer Science  
Vellalar College for Women  
ERODE - 638 012, Tamil Nadu.

Name & Signature of the Principal

  
**Dr.(Mrs.) D. KAMALAVENI,**  
M.Com., M.B.A., Ph.D., PGDCA,  
PRINCIPAL  
VELLALAR COLLEGE FOR WOMEN,  
(AUTONOMOUS)  
THINDAL (Po) ERODE-638 012



College Seal

# Photos

Inauguration of Youth Conclave on 29.02.2016

Resource Person : Mr.Sibi Chakravarthy IPS, Superintendent of Police, Erode gave

Keynote Address on “Professional Ethics”



Resource Person : Dr.Stalin Gunasekaran, Advocate, Writer & Orator, Erode gave

speech on “Leadership & Managerial Skills” on 29.02.2016



**Resource Person : Dr. Cibi Sai Soundariyan, Director, RMS IAS Coaching Center, Coimbatore gave speech on “ Career Opportunities and Guidance ” on 01.03.2016**



**Certificate Distribution on Youth Conclave on 01.03.2016**

**Resource Person : Dr.Jayaprakash Jagadesan, Psychiatrist, Center of Mind, Erode gave speech on Emotional and Mental Health on 01.03.2016 and distribute the certificates**



## **Name of the Activity**

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**"Training Programs 2015-2016"**

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# **Circular**

## **VELLALAR COLLEGE FOR WOMEN (AUTONOMOUS)**

### **College with Potential for Excellence**

(Re-accredited with ' A ' Grade by NAAC, Bengaluru & Affiliated to Bharathiar University,  
Coimbatore- 641 046)

**Thindal (Po), ERODE – 638 012.**

### **TRAINING & PLACEMENT CELL**

#### **CIRCULAR**

Date : 07-08-2015

The heads of the departments are hereby informed to permit the final year students, who have enrolled in placement activities, to attend the Aptitude Training Programme on 11.08.2015 to 14.08.2015, 18.08.2015, 21.08.2015 and 22.08.2015.

**Time : 09:45 am to 3.45 pm**



**Principal**

# **Circular**

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**Thindal (Po), ERODE – 638 012**

### **TRAINING & PLACEMENT CELL**

#### **CIRCULAR**

Date : 04-09-2015

The heads of the departments are hereby informed to permit the final year students, who have enrolled in placement activities, to attend the Placement Training Programme on 07.09.2015, 08.09.2015, 19.09.2015, 25.09.2015 and 26.09.2015.

**Time : 09:45 am to 3.45 pm**



**Principal**

# **VELLALAR COLLEGE FOR WOMEN (AUTONOMOUS)**

**College with Potential for Excellence**

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Coimbatore- 641 046)

**Thindal (Po), ERODE – 638 012**

## **TRAINING & PLACEMENT CELL**

### **CIRCULAR**

Date : 10-12-2015

The heads of the departments are hereby informed to permit the final year students, who have enrolled in placement activities, to attend the Placement Training Programme on 11.12.2015.

**Time : 09:45 am to 3.45 pm**



**Principal**

# Report




**VELLALAR COLLEGE FOR WOMEN (AUTONOMOUS)**  
"COLLEGE WITH POTENTIAL FOR EXCELLENCE"  
(Re-accredited with 'A' Grade by NAAC, Bengaluru & Affiliated to Bharathiar University, Coimbatore)  
Thindal, Erode - 638 012, Tamilnadu.  
e-mail: principalvcw@gmail.com \* website: vcw.ac.in

☎ : 0424 - 2244101  
Mob : 99767 51115  
Fax : 0424 - 2244102

Training Programs 2015 - 2016				
S.No	Date	Activity	No of Students	Resource Person
1	11.08.2015 & 12.08.2015	Aptitude Training Programme	126	Mr.Loganathan Trainer, Mullai Academy,4 <sup>th</sup> Floor, SS Complex, Agilmedu, Erode.
2	13.08.2015 & 14.08.2015	Aptitude Training Programme	106	Mr.Loganathan Trainer, Mullai Academy,4 <sup>th</sup> Floor, SS Complex, Agilmedu, Erode.
3	18.08.2015 & 14.08.2015	Aptitude Training Programme	127	Mr.Loganathan Trainer, Mullai Academy,4 <sup>th</sup> Floor, SS Complex, Agilmedu, Erode.
4	21.08.2015 & 22.08.2015	Aptitude Training Programme	96	Mr.Loganathan Trainer, Mullai Academy,4 <sup>th</sup> Floor, SS Complex, Agilmedu, Erode.
5	21.08.2015 & 22.08.2015	Soft Skill Training Programme	106	Mr.Tyron, Free Lance Trainer, 15 D, Kongu nagar, Ramanathapuram, Coimbatore
6	07.09.2015 & 08.09.2015	Soft Skill Training Programme	126	Mr.Tyron, Free Lance Trainer, 15 D, Kongu nagar, Ramanathapuram, Coimbatore
7	19.09.2015 & 25.09.2015	Soft Skill Training Programme	127	Mr.Tyron, Free Lance Trainer, 15 D, Kongu nagar, Ramanathapuram, Coimbatore
8	25.09.2015 & 26.09.2015	Soft Skill Training Programme	96	Dr.Sowntharya, English Dept, Vcw
9	11.12.2015	Soft Skill Training Programme	60	Mr.Tyron, Free Lance Trainer, 15 D, Kongu nagar, Ramanathapuram, Coimbatore

  
PLACEMENT OFFICER  
Vellalar College For Women  
ERODE - 9.



  
Principal  
PRINCIPAL  
VELLALAR COLLEGE FOR WOMEN  
(AUTONOMOUS)  
ERODE - 12.



# Photo

**Soft Skill Training Programme on 19.09.2015 & 25.09.2015**

**Resource Person: Mr.Tyron, Free Lance Trainer, 15 D, Kongu nagar,  
Ramanathapuram, Coimbatore**

